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Bake et al.

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(54) **GUIDE TOOL FOR CARTILAGE REPAIR**

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A61B 17/17 (2006.01)

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CPC **A61B 17/56** (2013.01); **A61B 17/1764** (2013.01); **A61B 2017/568** (2013.01); **A61B 2034/105** (2016.02); **Y10T 29/49** (2015.01)

(58) **Field of Classification Search**

None

See application file for complete search history.

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(57) **ABSTRACT**

A method of designing a guide tool for cartilage repair in an articulating surface of a joint, comprising the steps of:

I. determining physical parameters for cartilage damage in a joint and generating design parameters for cartilage repair objects and their relative placement in a predetermined pattern, comprising:

II. selecting repair objects to fit the individual cartilage damage site wherein the repair objects have: cross sectional areas adapted to fit the surface area of the cartilage damage site,

lengths adapted to fit the selected joint and/or type of cartilage damage, and

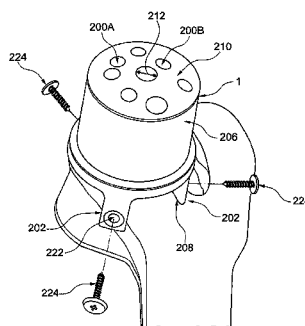
surfaces intended to align with the articular cartilage surface in the joint, based on the healthy surface contour curvature,

III. determining, based on obtained image data, positions and angles of the selected cartilage repair objects, wherein the positions and angles are adapted so that the selected repair objects fit the individual cartilage damage site,

IV. generating design parameters of the guide tool, for placement of the cartilage repair objects comprising the following steps of:

generating the design for an upper part and a lower part of a guide channel in a guide body extending from the positioning body, said guide channel passing through said positioning body and said guide body wherein the angles and positions are generated dependent on and substantially corresponding to the determined angles and positions of the selected cartilage repair objects, and wherein the design for the lower part of all the guide channel is generated dependent on and substantially corresponding to the determined cross sectional areas, of the selected cartilage repair objects.

15 Claims, 15 Drawing Sheets



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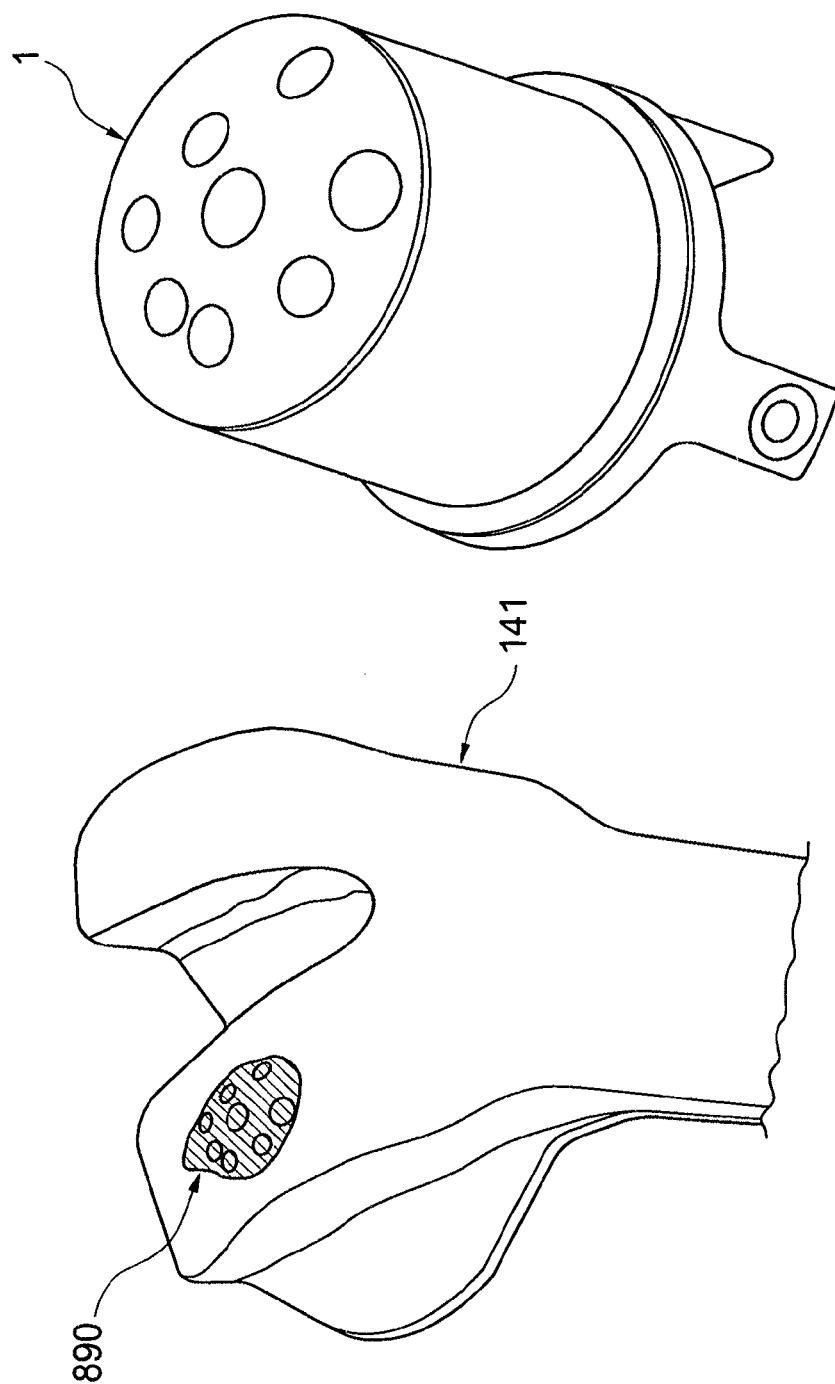


Fig. 1

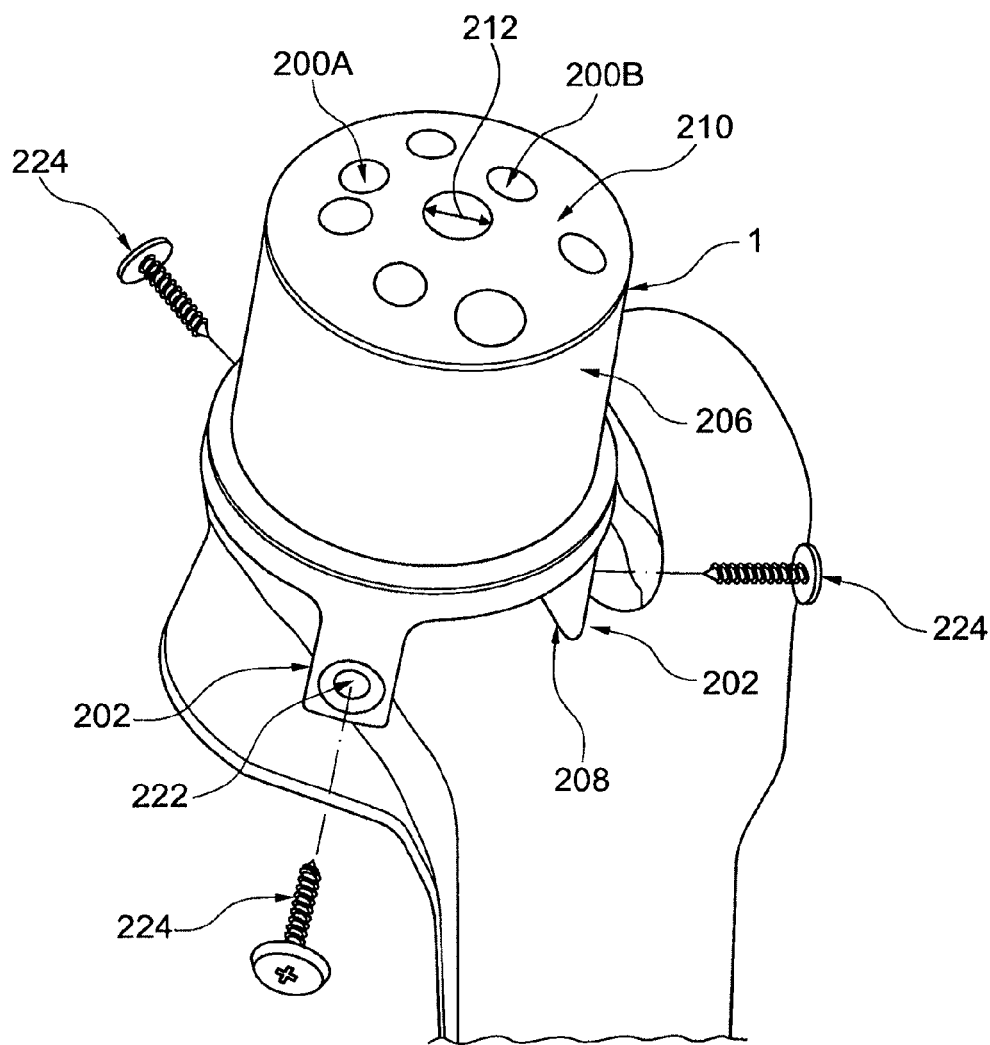


Fig. 2

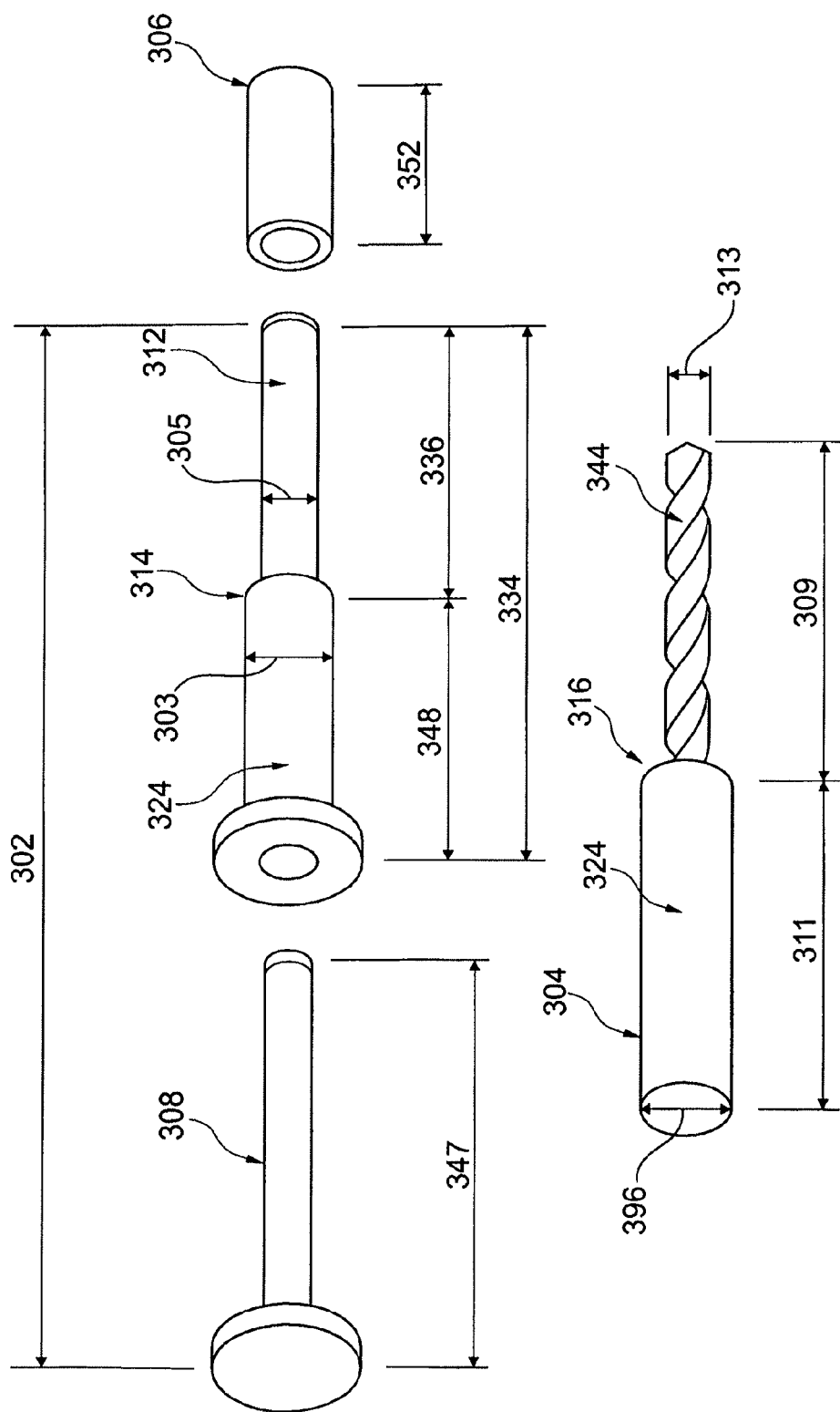


Fig. 3

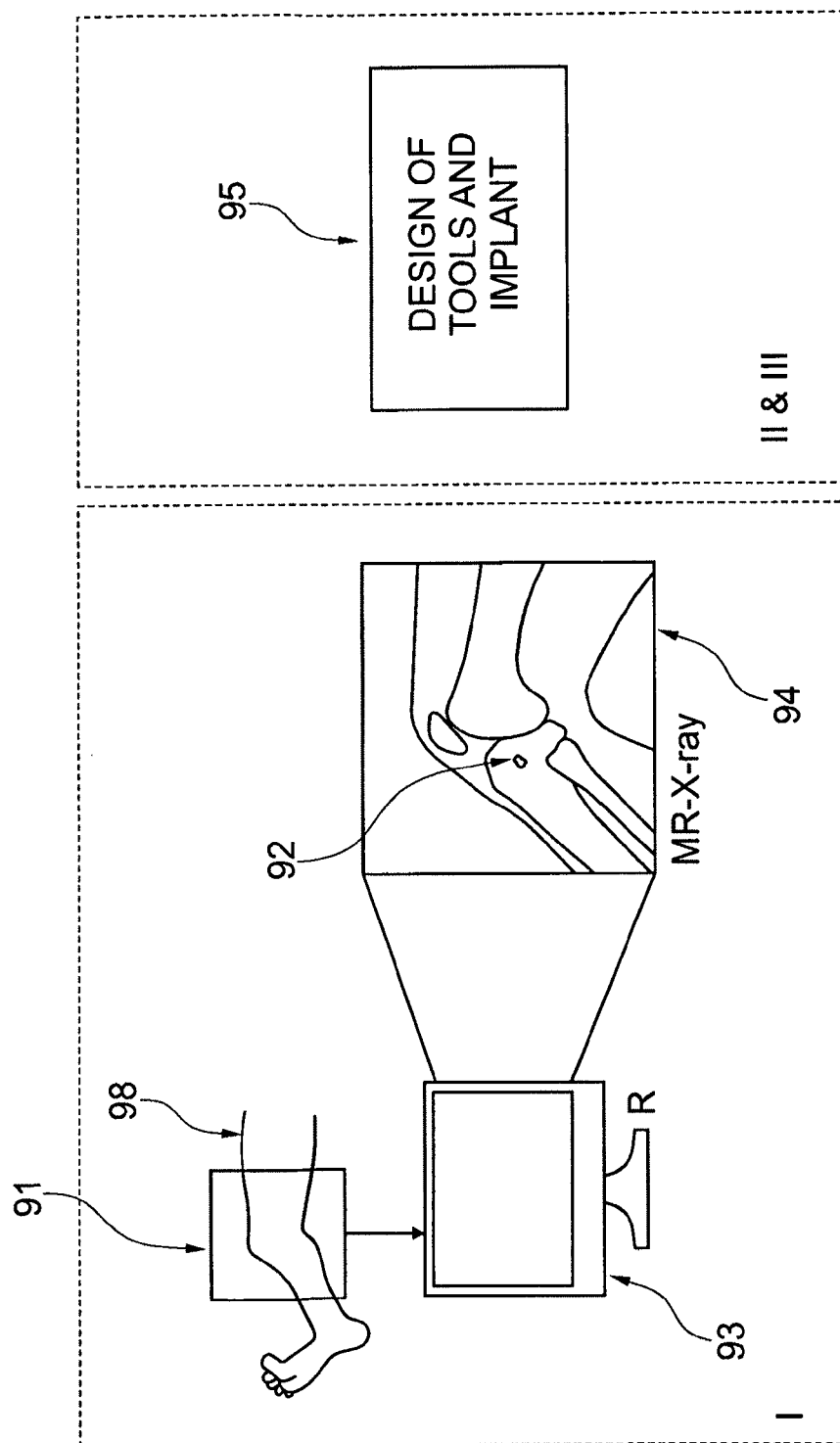


Fig. 4

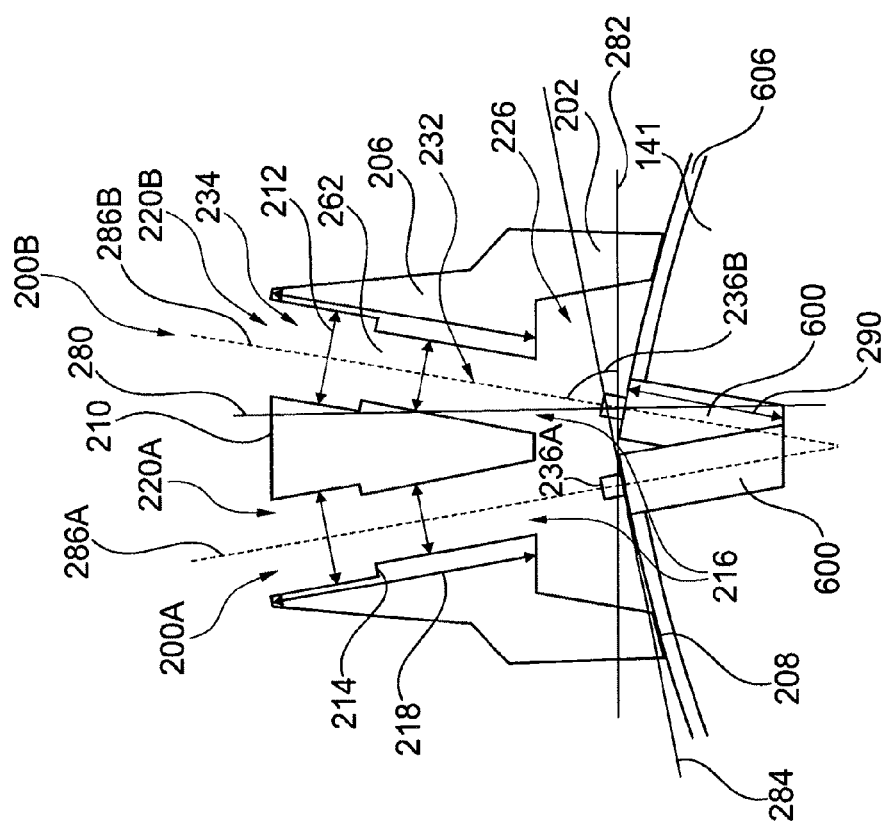


Fig. 5

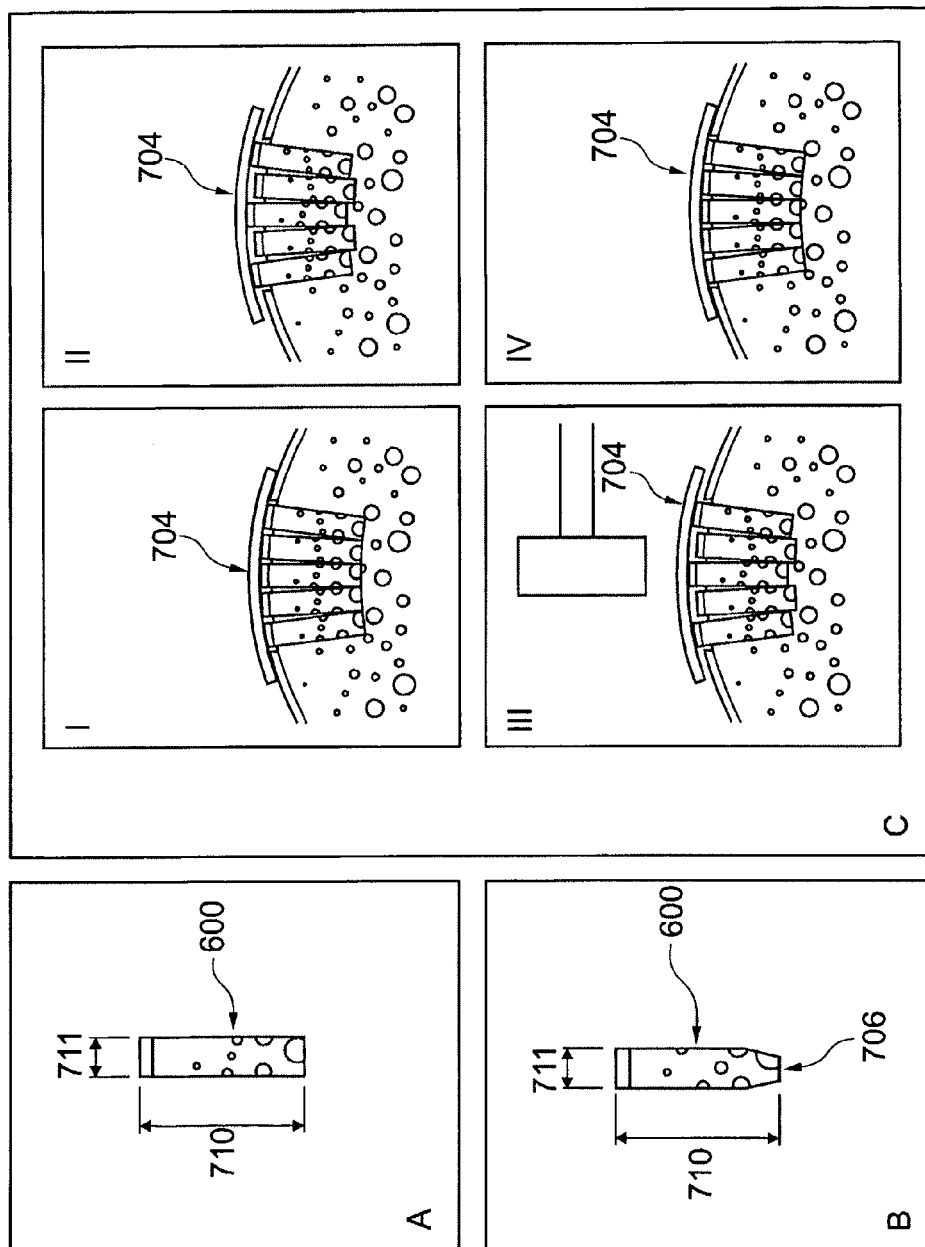
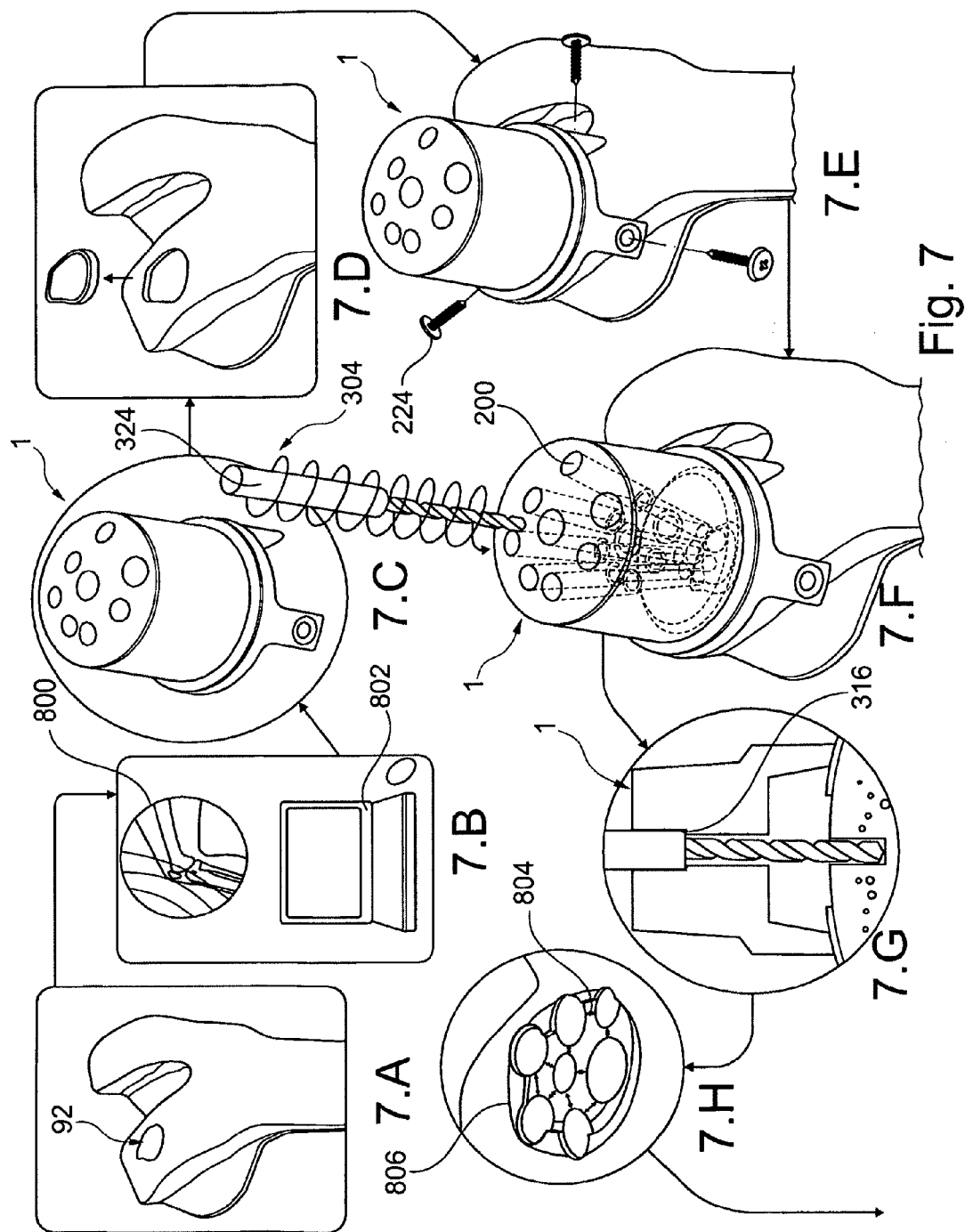
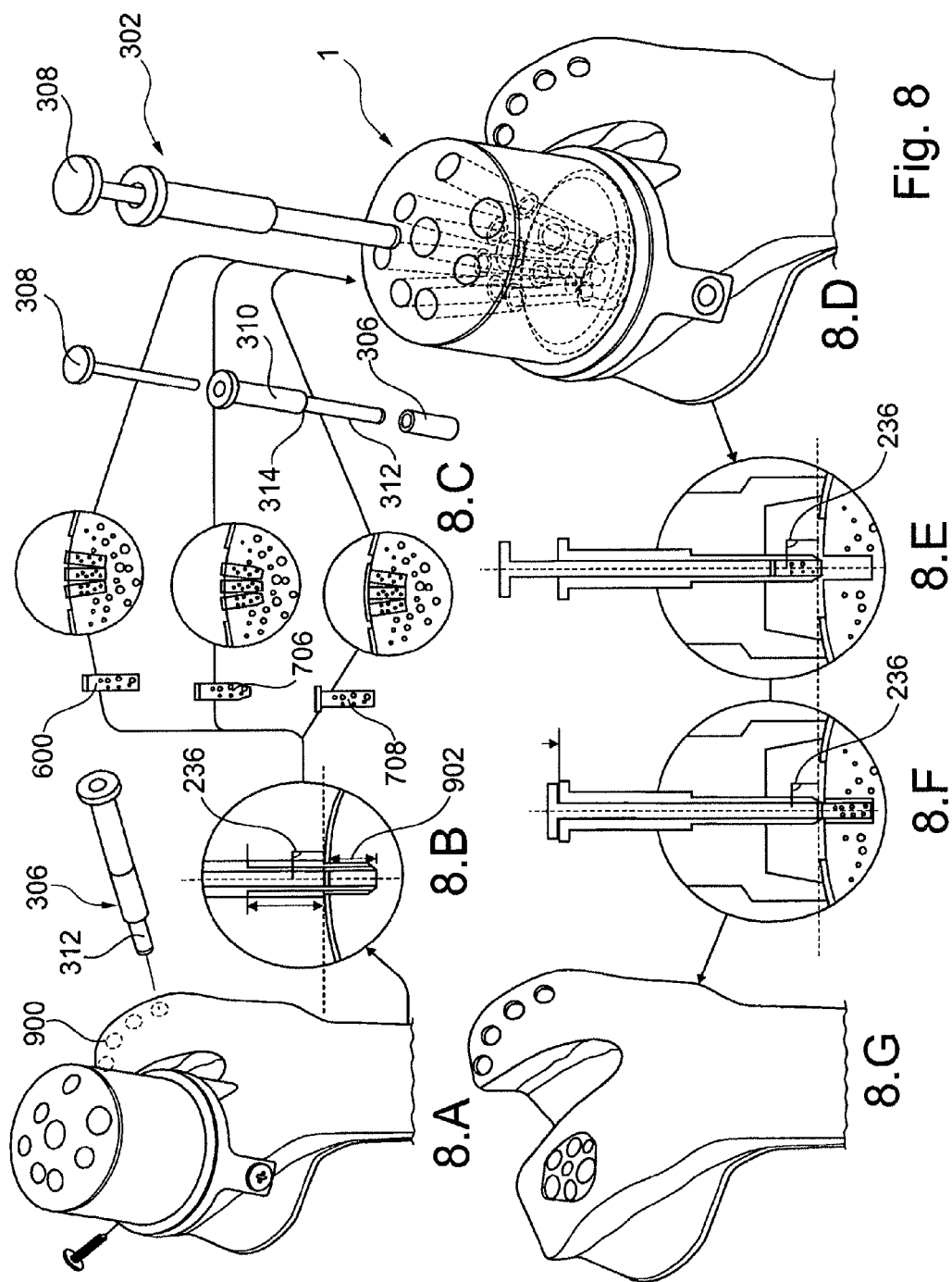


Fig. 6





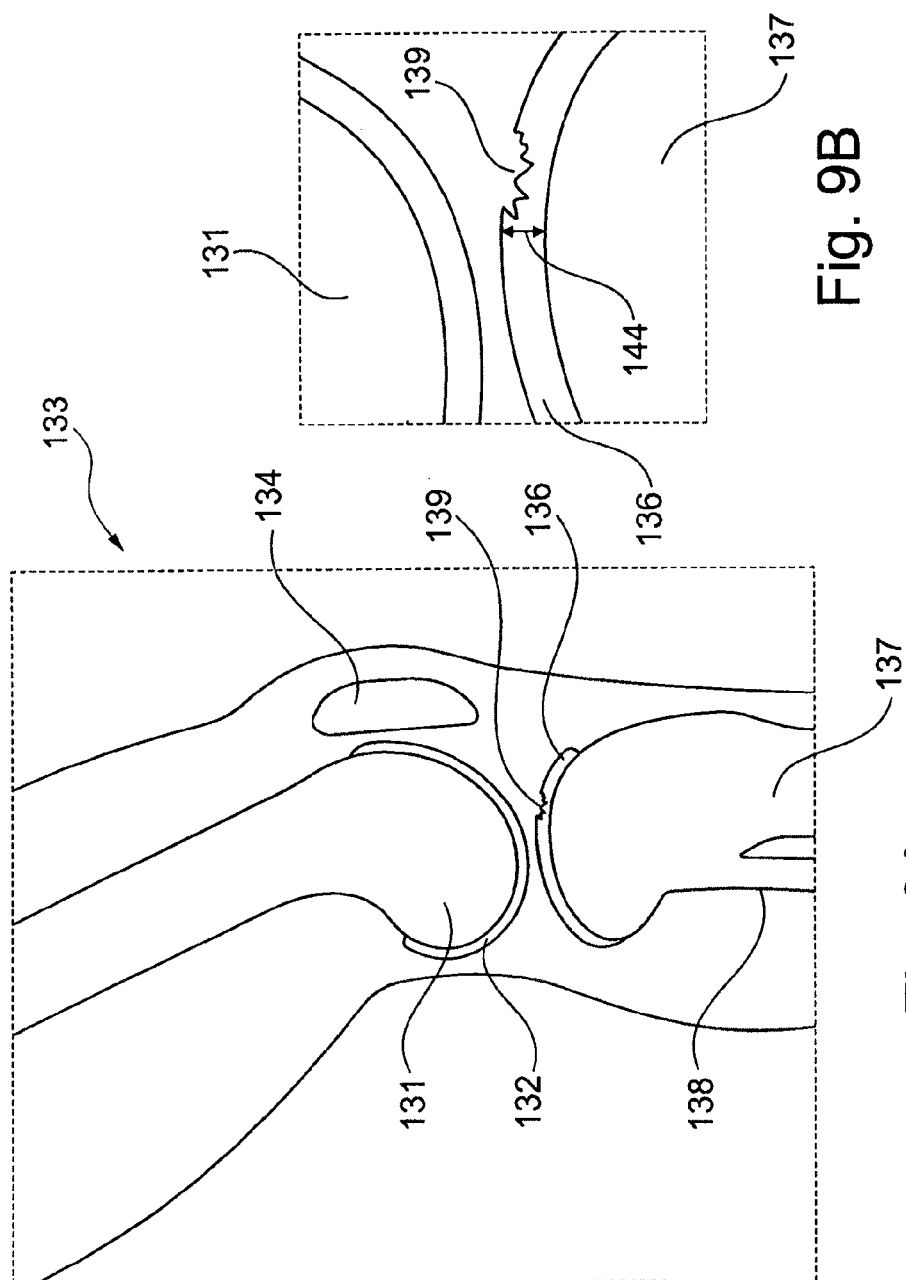
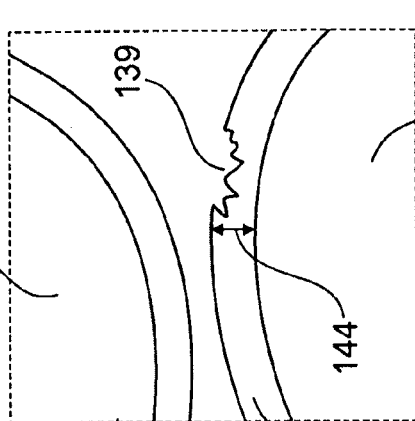


Fig. 9A

Fig. 9B



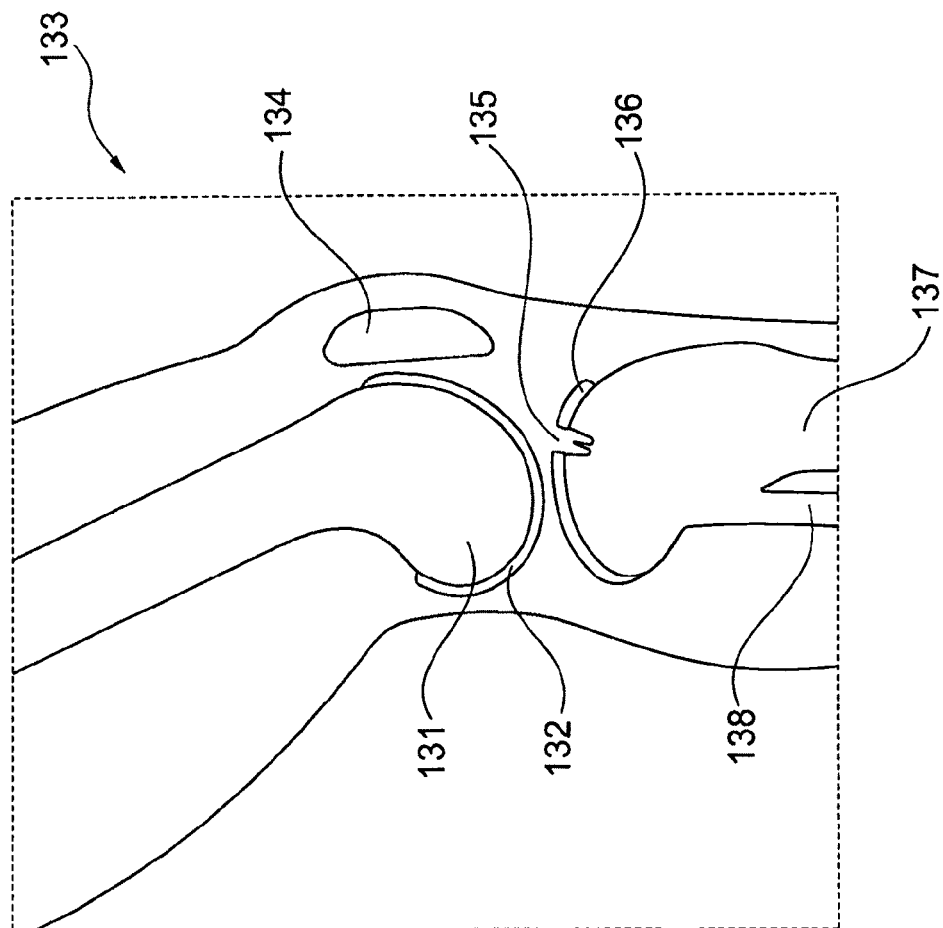


Fig. 10

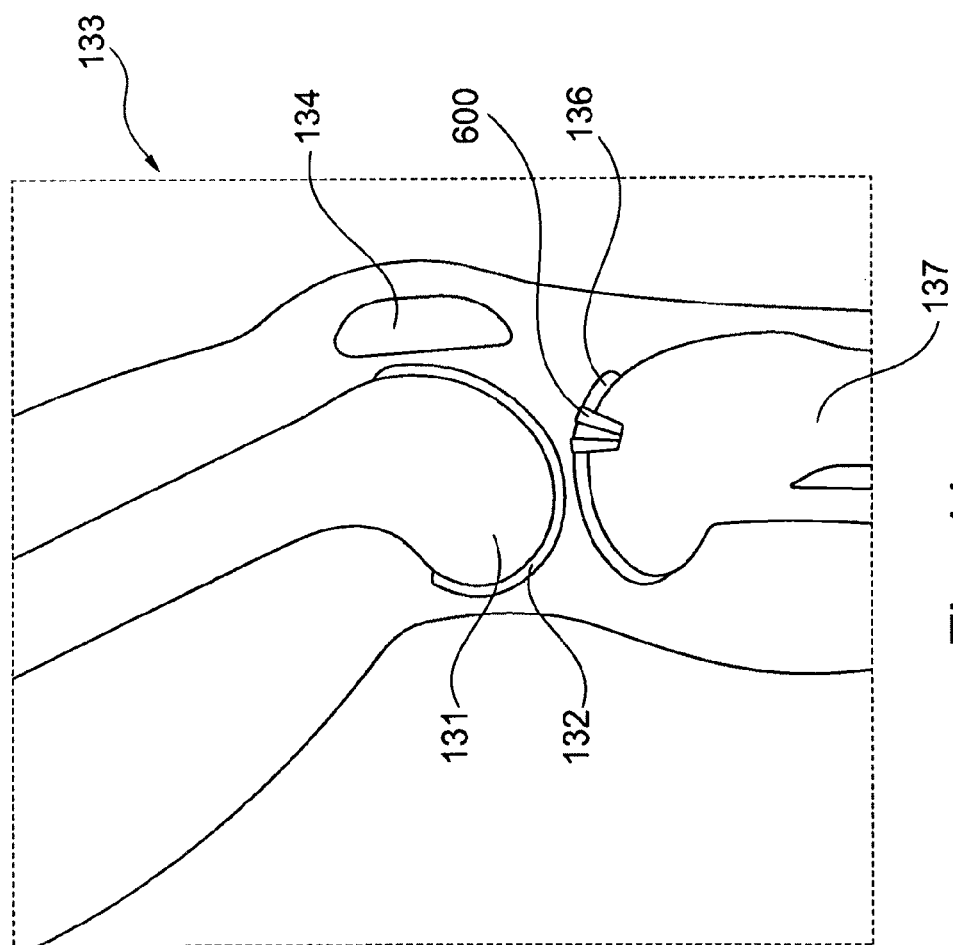


Fig. 11

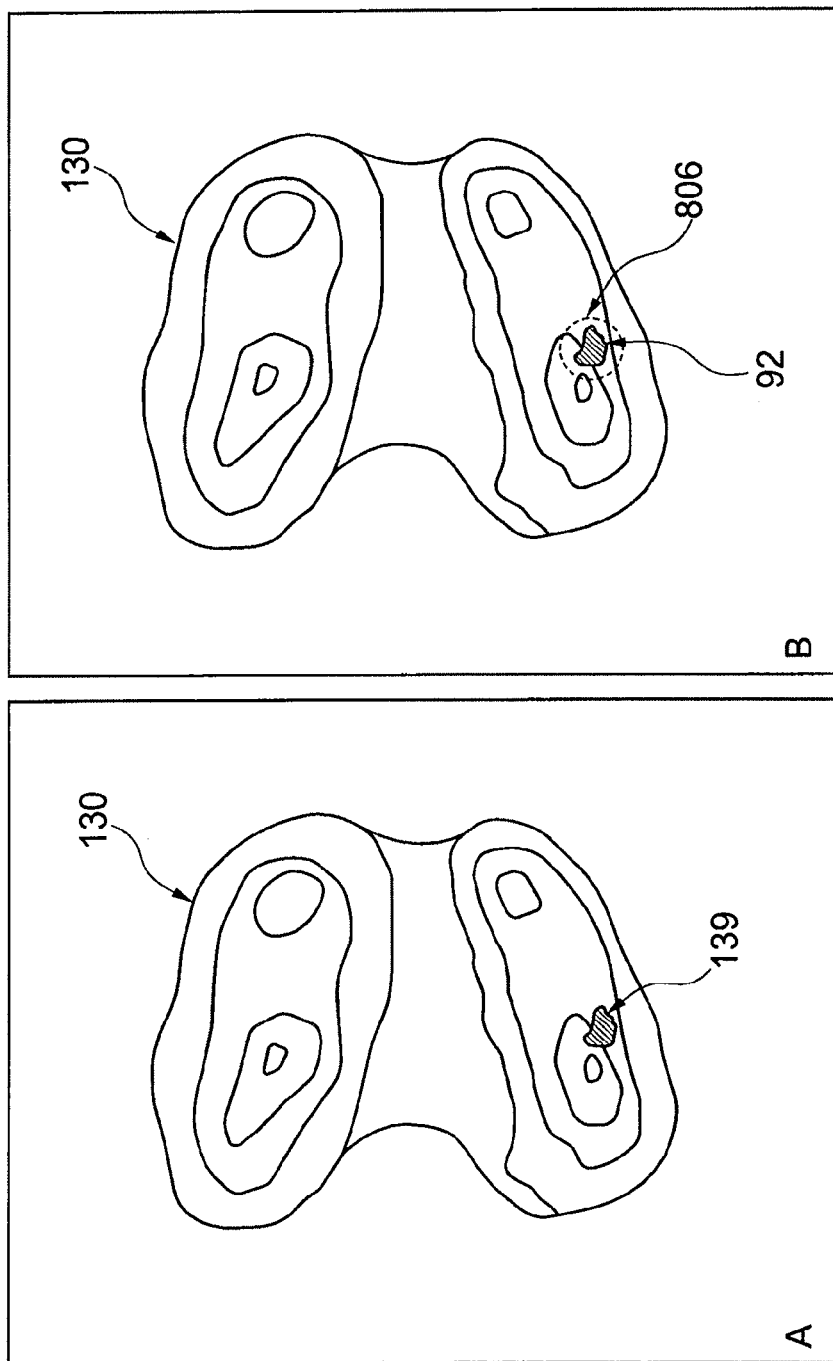


Fig. 12

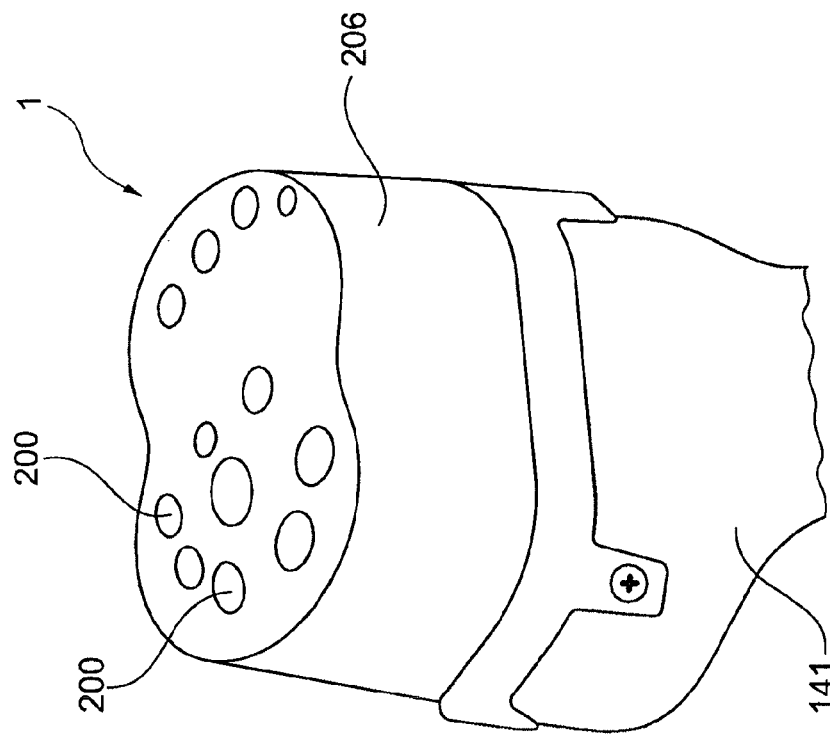


Fig. 13

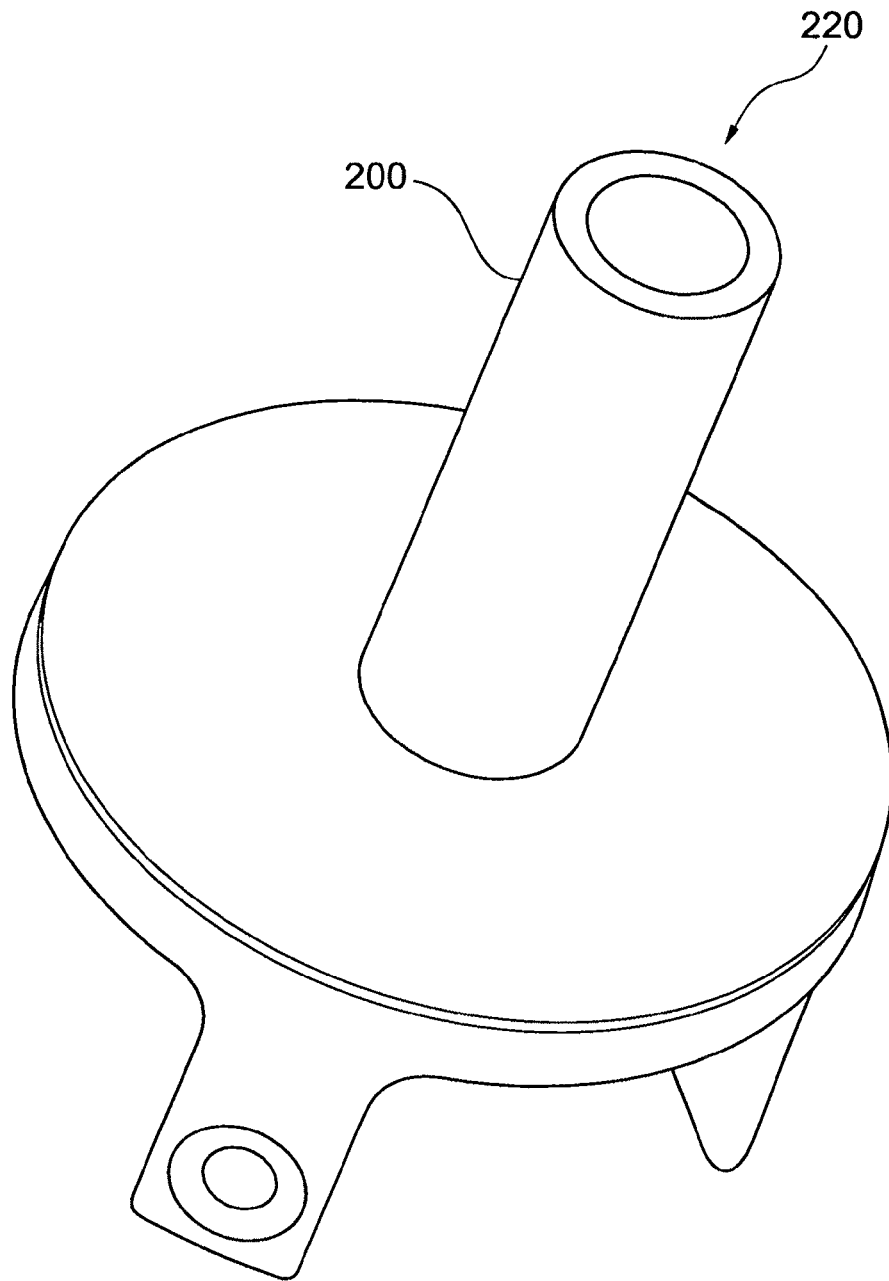


Fig. 14

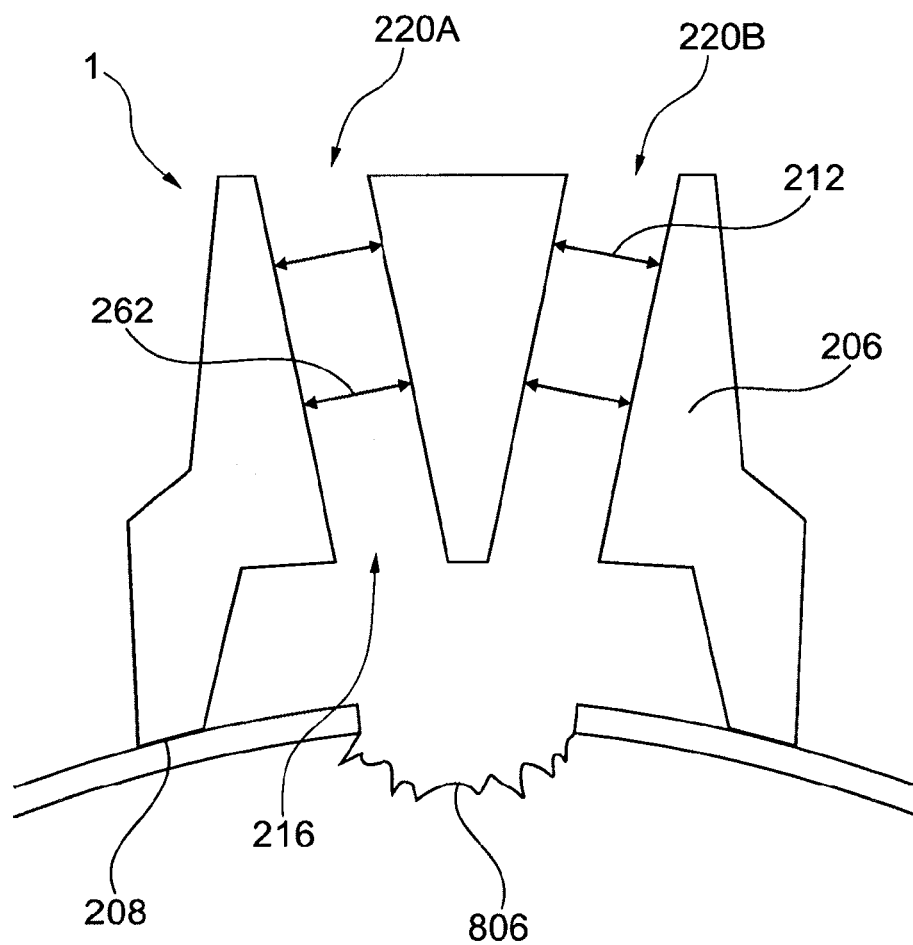


Fig. 15

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GUIDE TOOL FOR CARTILAGE REPAIR**CROSS-REFERENCE TO PRIOR APPLICATIONS**

This application is a §371 National Stage Application of PCT International Application No. PCT/EP2012/057318 filed Apr. 20, 2012, which claims priority to European Patent Application No. 11163405.1 filed Apr. 21, 2011 and U.S. Provisional No. 61/477,808 filed Apr. 21, 2011, each of which are herein incorporated by reference in their entirety.

FIELD OF THE INVENTION

This invention relates in general to the field of orthopedic surgery and to surgery tools. More particularly the present invention relates to a surgery guide tool, which may be comprised in a kit comprising a kit of tools for replacement of damaged cartilage at an articular surface in a joint such as a knee, ankle, hip, shoulder, elbow, fingers and foot.

BACKGROUND**General Background**

Pain and overuse disorders of the joints of the body is a common problem. For instance, one of the most important joints which are liable to wearing and disease is the knee. The knee provides support and mobility and is the largest and strongest joint in the body. Pain in the knee can be caused by for example injury, arthritis or infection. The weight-bearing and articulating surfaces of the knees, and of other joints, are covered with a layer of soft tissue that typically comprises a significant amount of hyaline cartilage. The friction between the cartilage and the surrounding parts of the joint is very low, which facilitates movement of the joints under high pressure. The cartilage is however prone to damage due to disease, injury or chronic wear. Moreover it does not readily heal after damages, as opposed to other connective tissue, and if healed the durable hyaline cartilage is often replaced by less durable fibro cartilage. This means that damages of the cartilage gradually become worse. Along with injury/disease comes a problem with pain, which results in handicap and loss of function. It is therefore important to have efficient means and methods for repairing damaged cartilage in knee joints.

Today's knee prostheses are successful in relieving pain but there is a limit in the lifetime of the prostheses of 10-15 years. The surgical operation is demanding and the convalescence time is often around 6-12 months. In many cases today, surgery is avoided if training and painkillers can reduce the pain. Prostheses are therefore foremost for elderly patients in great pain, at the end of the disease process; a totally destroyed joint. There are different kinds of prostheses, such as half prosthesis, total prosthesis and revision knee, the latter used after a prosthesis failure. The materials used in today's knee prostheses are often a combination of a metal and a polymeric material, but other materials such as ceramics have also been used. The size of knee prostheses makes it necessary to insert them through open surgery.

All treatments have shown only limited results, with implications such as high cost, risk of infection, risk of loosening, limited suitability for patients of different ages and the extent and location of damage.

SPECIFIC BACKGROUND

Other attempts, except using prostheses, practiced at various clinics around the world with the main objective to

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repair or rebuild cartilage include biological approaches such as micro fractures, cartilage cell transplantation (ACI), periosteal flap, and mosaicplasty surgery.

In the surgical operation of repairing cartilage tissue using transplants or implants it is critical that the cartilage repair object, for example an implant or a transplant, for example a healthy cartilage and bone plug is positioned in a precise manner. If the cartilage repair object is offset from its intended position it may cause increased wear or load on the joint. For example, if the cartilage repair object is tilted this may result in an edge that projects above the cartilage surface and causes wear on the opposing cartilage in the joint. Another example is when the cartilage repair object is placed in a position with the surface of the cartilage repair object projecting above the surface of the cartilage causing the joint to articulate in an uneven manner and increasing the load on an opposing point of the joint. For the patient, also small misplacements or deviations from an ideal position may result in pain, longer time for convalescence or even a surgical operation being done in vain and making it more difficult to repair the damage in the joint. Today there are known guide tools which may assist during placements of single implants or single transplants.

Implantation of healthy cartilage and bone plugs into damaged cartilage areas is especially advantageous for young patients which still are growing and which has better abilities for self repair of cartilage compared to adults. Mosaicplasty involves moving round 'plugs' of cartilage and underlying bone to damaged areas. The plugs are each a few millimeters in diameter, and when multiple plugs are moved into a damaged area the result is a mosaic appearance. The multiple small plugs of cartilage look like mosaic tiles. Osteochondral autograft transfer (OATS) is a technique very similar to mosaicplasty but during OATS procedure the plugs are usually larger, and therefore only one or two plugs are needed to fill the area of cartilage damage. Because of this it does not take on the mosaic appearance, but the principle is the same.

Today mosaicplasty or osteochondral autograft transfer (OATS) is performed using a graft harvesting tool, which harvests the osteochondral plug in a desired size. After the osteochondral plug is collected the plug is then placed in the recipient hole by using a plunger which is a part of the harvesting tool. These tools are not easy to use and a large burden is therefore placed on the surgeon in order not to misplace or misfit the implant.

Supported grafts heal well, but unsupported grafts tend to subside and become covered by fibrous tissue. It is therefore important that the implanted plugs are correctly sized and the graft is seated in a well-supported recipient site.

The guide tools on the market are lacking supportive design which gives a reliable, repeatable, cartilage repair with exact preciseness during placement of the implants. The implants on the market today is relying on the skills of the surgeon.

PRIOR ART

Examples of prior art disclosing tools for replacement of damaged cartilage using mosaic plasty or osteochondral autograft transfer (OATS) or other methods where the damaged cartilage and bone are replaced with healthy cartilage and bone are described in the following documents:

WO 2009/108591 A1 describes a method of repairing an articular cartilage defect including use of a drill guide guiding drill holes in different angles into the bone.

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US2009/0209962 A1 describes a device and a technique for preparation and implantation of osteochondral allografts for resurfacing of a human joint. The technique involves use of a guide comprising an inner guide and an outer guide wherein the articular surface of the guide matches the articular surface of both the allograft and the recipient bone. The guide may be manufactured using computer technology and rapid prototyping. The outer guide is secured with guide pins to the allograft site.

US20100292704 A1 describes an implant inserter device comprising a pushrod slidable received within an outer collar of the device, which may be used to place an implant in a damaged cartilage area. A guide wire is used to guide a lesion gauge (mounted on the guide wire) in position for removal of damaged cartilage and bone.

US2005/0137600 A1 describes a technique and instruments for repair of articulate cartilage in joints. For example an implant delivery device, which functions both as a cartilage cutter and a guide and which comprises a push rod.

WO2006/060416 A2 describes devices and a method for cartilage repair wherein the devices comprise a drill guide having a proximal end shaped and conformed to the shape of the tissue at the perimeter of the defect.

US 2009/024131 A1 describes a device for an orthopedic knee procedure. The device can include a drill guide. The device includes two guides, an alignment guide with a body with an inner anatomically-engaging surface shaped to closely conform and mate with a corresponding tibia joint surface and a drill guide wherein the alignment guide is mounted on the tibial joint surface and the drill guide is mounted on the alignment guide. The guides are made from a pre-operative plan formed from an MRI or CT scan of the patient and rely on matching subcutaneous anatomic feature for correct positioning. The guide described is not intended for small cartilage damage repair or for guiding placement of implants. It is a guide for drilling before fastening larger implants.

US 2010/121389 A1 describes A method of preparing a distal femur to implantation of a femoral implant. The surgeon then evaluates whether the holes in the femur are located appropriately to securely implant the femoral implant onto the femur. This guide does not guide the placement of small cartilage repair implants instead it guides the drilling of holes for placement of larger implants.

US 2008/262624 A1 describes an implant which has a first portion including at least one patient-adjustable feature and a second portion including at least one standard feature. This implant allows for standard cutting guides to be used for implantation.

US 2009/221898 A1 describes a method for making a customized medical device based on a patient image using a rapid prototyping machine. The guide is a customized cutting block and not a guide for guiding small implants.

The solutions described in the prior art above to a great extent destroys more of the original cartilage in a patient than necessary.

OBJECT OF THE INVENTION

General Object

The general object of the invention is to provide means for enabling precision of the insertion and positioning of the cartilage and bone plugs or implants at an articular surface of a joint. The invention further solves the problem of providing tools, for example individually customized tools which enables guiding of other insert tools when making

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cartilage and bone plugs comprising healthy cartilage during mosaicplasty or osteochondral autograft transfer (OATS) or enables guiding of implants.

Partial Problems

The invention further seeks to solve the partial problems of:

Providing a well fitting cartilage repair object from a non bearing area of a joint.

Providing a method of insertion of a cartilage repair object in the damaged bearing area of the joint and is well integrated into the surface structure of the joint, in order to generate optimal repair of damaged tissue and wherein the method causes minimum damage to the surrounding tissue.

Providing a method for picking and choosing plugs or implants of appropriate top curvature, depth and angle and also method for placing such plugs or implants

Providing means for implanting cartilage repair objects into the joint for example plugs or implants, improving the positioning of the cartilage repair object in order to generate optimal repair of damaged tissue and cause minimum damage to the surrounding tissue and aiding the surgeon in that positioning.

Providing a design method for a guide tool used during cartilage repair in a joint, for example during cartilage repair of small cartilage damages, where precision is important and where a part or a small portion of the cartilage in the joint is replaced with plugs or implants.

SUMMARY OF THE INVENTION

The present invention provides a method for replacing a portion, e.g. diseased area and/or area slightly larger than the diseased area, of a joint, e.g. cartilage and/or bone, with a cartilage repair object and a guide tool which achieves a near anatomic fit of the cartilage repair object with the surrounding structures and tissues.

A first aspect of the invention is a guide tool for cartilage repair at an articulating surface of a joint used to guide harvesting and also insertion of a healthy cartilage and bone plug from a non bearing part of a joint to an area replacing the cartilage of a cartilage injury site. The guide tool according to the invention may also be used to guide insertion of implants. The actual harvesting may be performed using a cartilage harvesting tool inside the guide tool according to the invention. The individually designed guide tool according to the invention may be designed to harvest plugs or designed for placement of plugs into the damage site or designed to be able to guide both harvesting and placement of plugs or implants. The cartilage harvesting tool used inside the guide tool may also be equipped with a plunger used for the placement of the harvested cartilage and bone plug into the damaged cartilage area.

The guide tool is equipped with a positioning body and a guide body with at least one guide channel which goes through said positioning body and said guide body. The positioning body has a cartilage contact surface that is designed to fit the contour of the cartilage or subchondral bone in the joint in a predetermined area surrounding the site of diseased cartilage. The positioning body has a guide channel which has at least one cross-sectional profile that is designed to correspond to an insert tool. The guide channel has at least one muzzle facing the cartilage surface at a position corresponding to the site of the diseased cartilage.

The insert tools are used inside the guide channel of the guide tool. The insert tools may fit in the guide channel, with a slight tolerance to allow a sliding movement of the cartilage harvesting and the insert tool into the guide chan-

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nel. The insert tools are in different embodiments of the invention provided e.g. as a cartilage harvesting and insert tool or as a drill bit.

A guide tool according to the invention is equipped with a positioning body comprising a guide body comprising at least one or more guide channels and a cartilage contact surface and wherein the cartilage contact surface is designed to fit the individual contour of the cartilage or subchondral bone in the joint in a predetermined area surrounding a site of diseased cartilage and said guide channels have a cross-sectional profile that is designed to correspond to a cross-section of the insert tools and each guide channel has a muzzle facing a cartilage damage at a position facing the site of the diseased cartilage, characterized in that the guide channels are placed or designed for placement within the guide body in a predetermined pattern, wherein the position and relative distance and angle of said guide channels are designed to fit an individual cartilage damage site.

In another embodiment the guide tool **1** according to the invention has at least one of said guide channels **200** having an outer portion **234** and an inner portion **232** and that said outer portion **234** is larger in volume than said inner portion **232** and between the outer portion **234** and the inner portion **232** is a stop function **214** or the cross-sectional diameter **212** of the outer portion **234** is smaller than the cross-sectional diameter **262** of the inner portion **232** or for example the cross-sectional diameter **212** of the outer portion **234** is less than 30% smaller or 1-20% smaller compared to cross-sectional diameter **262** of the inner portion **232**.

In another embodiment a guide tool **1** according to the invention has a cartilage contact surface (**208**) of the positioning body **206** of the guide tool **1** having three contacting points, spread out around the guide body **206**, for contacting parts of the joint in order to provide stable positioning of the guide tool **1** in the joint.

In another embodiment a guide tools according to the invention has a cartilage contact surface **208** located on the positioning body **206** of the guide tool **1** and the cartilage contact surface **208** has three contacting points, spread out around the guide body **206**, for contacting parts of the joint in order to provide stable positioning of the guide tool **1** in the joint. For example the cartilage contact surface may be 10-90% larger than the area of the muzzle or the cartilage contact area may be perforated in 10-90 area % by muzzle openings.

The guide tool (**1**) according to the invention comprises a guide channel (**200**) and a positioning body (**206**) which further comprises a cartilage contact surface (**208**). The positioning body (**206**) extends laterally outside the periphery of the guide channel (**200**)

In another embodiment a guide tool **1** according to the invention, has a guide channel **200** having a height **218** of 0.3-20 cm or preferably 3-10 cm.

In another embodiment the repair system according to the invention, includes cartilage repair objects which are implants or a healthy cartilage and bone plugs.

In another embodiment a guide tool **1** according to the invention has a relative shortest distances **804** between the guide channels of 1-3 mm.

In another embodiment a guide tool **1** according to the invention comprises guide channels with a relative shortest distances **804** between the guide channels of 1-3 mm.

In another embodiment, the method of designing a guide tool **1** for cartilage repair in an articulating surface of a joint according to the invention, comprises the steps of:

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I. determining physical parameters for cartilage damage in a joint and generating design parameters for cartilage repair objects **600** and their relative placement in a predetermined pattern, comprising:

- a. selecting repair objects to fit the individual cartilage damage site wherein the repair objects have;
 - cross sectional areas adapted to fit the surface area of the cartilage damage site
 - lengths adapted to fit the selected joint and/or type of cartilage damage
 - surfaces intended to align with the articular cartilage surface in the joint, based on the healthy surface contour curvature
- b. determining, based on the obtained image data, positions and angles of the selected cartilage repair objects, wherein the positions and angles are adapted so that the selected repair objects fit the individual cartilage damage site

II. generating design parameters of the guide tools, for placement of the cartilage repair objects comprising the following steps;

- a) generating the design for an upper part **234** and a lower part **232** of a guide channel **200** in a guide body **206** extending from the positioning body **202**, said guide channel **200** passing through said positioning body **202** and said guide body **206** wherein the angles and positions are generated dependent on and substantially corresponding to the determined angles and positions of the selected cartilage repair objects, and wherein;
 - the design for the lower part **232** of all the guide channel **200** is generated dependent on and substantially corresponding to the determined cross sectional areas, of the selected cartilage repair objects.

In another embodiment, the method of designing a guide tool **1** for cartilage repair in an articulating surface of a joint according to the invention, comprises the steps of: determining physical parameters for a cartilage damage in a joint and generating design parameters for a number of cartilage repair objects **600**, size of cartilage repair objects **600** and their relative placement in relation to the other cartilage repair objects in a predetermined pattern depending on the cartilage damage, comprising:

2. selecting cartilage repair objects **600** to fit the individual cartilage damage site in a joint wherein said repair objects have;
 - cross sectional areas adapted to fit the surface area of the cartilage damage site, in combination with other cross section areas of other repair objects or alone
 - lengths adapted to fit the selected joint and/or type of cartilage damage
 - surfaces intended to align with the articular cartilage surface in the joint, based on the healthy surface contour curvature
3. determining, based on the obtained image data received from X-ray, CT, MRI or other imaging techniques scanning the cartilage damage in a patient, positions and angles of the selected cartilage repair objects, wherein the positions and angles are adapted so that the selected repair objects fit said individual cartilage damage site
4. generating design parameters of the guide tool **1**, designed for placement of the cartilage repair objects comprising the following steps;
 - a) generating the design for an upper part **234** and a lower part **232** of a guide channel **200** in a guide body **206** extending from the positioning body **202**, said guide

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channel **200** passing through said positioning body **202** and said guide body **206** wherein the angles and positions are generated dependent on and substantially corresponding to the determined angles and positions of the selected cartilage repair objects, and their intended or designed placement in a joint wherein; the design for the lower part **232** of all the guide channel **200** is generated dependent on and substantially corresponding to the determined cross sectional areas, of the selected cartilage repair objects.

b)

In another embodiment the method of designing a guide tool (i) for cartilage repair in an articulating surface of a joint according to the invention comprises the steps of:

- I. determining physical parameters for cartilage damage in a joint and generating design parameters for cartilage repair objects (**600**) and their relative placement in a predetermined pattern, comprising:
 - a) obtaining image data representing a three dimensional image of a bone member of the joint;
 - b) identifying in the obtained image data and individual cartilage damage in an articulate surface of the bone member;
 - c) determining based on the obtained image data the location of the individual cartilage damage;
 - d) determining based on the obtained image data the size and shape of the individual cartilage damage;
 - e) determining a cartilage damage site based on the determined size and shape of the cartilage damage;
 - f) determining based on the obtained image data the surface contour curvature of the individual cartilage damage site **92** and/or the subchondral bone in the joint in the predetermined area comprising the individual cartilage damage site;
 - g) determining a representation of a healthy surface contour curvature comprising the individual cartilage damage site
 - h) selecting repair objects to fit the individual cartilage damage site wherein the repair objects have; cross sectional areas adapted to fit the surface area of the cartilage damage site lengths adapted to fit the selected joint and/or type of cartilage damage surfaces intended to align with the articular cartilage surface in the joint, based on the healthy surface contour curvature
 - i) determining, based on the obtained image data, positions and angles of the selected cartilage repair objects, wherein the positions and angles are adapted so that the selected repair objects fit the individual cartilage damage site
- II. generating design parameters of the guide tool **1**, for placement of the cartilage repair objects comprising the following steps;
 - a. generating the contact points for a cartilage contact surface **208** of a positioning body **202** dependent on said determined surface contour curvature of the cartilage and/or the subchondral bone in the joint in a predetermined area comprising and surrounding the site of cartilage damage, such that said cartilage contact surface **208** of the positioning body **202** fits to said surface contour of the cartilage or the subchondral bone in the joint.
 - b. generating the design for an upper part **234** and a lower part **232** of a guide channel **200** in a guide body **206** extending from the positioning body **202**, said guide channel **200** passing through said positioning body **202**

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and said guide body **206** wherein the angles and positions are generated dependent on and substantially corresponding to the determined angles and positions of the selected cartilage repair objects, and wherein; the design for the lower part **232** of all the guide channel **200** is generated dependent on and substantially corresponding to the determined cross sectional areas, of the selected cartilage repair objects **600**

- c. Optionally generation of suggestions of where and how the healthy cartilage and bone plug are to be harvested in a manner so that the contour curvature for the articulate surface of the bone plug corresponds to the curvature that covers the cartilage damage wherein the cartilage and bone plug are to be placed.

In another embodiment the method of designing a guide tool **1** for cartilage repair in an articulating surface of a joint according to the invention, includes generating design parameters for the guide channel **200** to have a height **218** of 0.3-20 cm for example of 3-10 cm.

In another embodiment the method of designing a guide tool **1** for cartilage repair in an articulating surface of a joint according to the invention includes a cartilage repair object which is an implant or a healthy cartilage and bone plug.

In another embodiment the method of designing a guide tool **1** for cartilage repair in an articulating surface of a joint according to the invention includes image data representing an image of the joint is obtained using magnetic resonance imaging (MRI), computerized tomography (CT) imaging or a combination of both, or other suitable techniques such as delayed Gadolinium-enhanced MRI of cartilage (dGEMRIC) techniques.

In another embodiment the guide tool is designed to replace a small cartilage damage only replacing a part of the cartilage in a joint. For example using cartilage repair objects with crosssectional profiles of between 0.1 cm² and 5 cm², between 0.5 cm² and 3 cm², or preferably between about 0.5 cm² and 2 cm² intended to repair cartilage damages of areas between 0.1-10 cm².

In another embodiment the guide tool is designed to comprise at least one muzzle which in total has an area of 10-90% of the total cartilage surface area spread of the guide tool.

In another embodiment the guide tool is designed to comprise a design for the lower part **232** of all the guide channel **200** generated dependent on and substantially corresponding to the determined cross sectional areas, of the selected cartilage repair objects **600** in order to make the guide tool suitable to guide the insertion of the cartilage repair objects into the cartilage repair site.

In another embodiment according to the invention the guide tool is designed to be suitable for preparing the cartilage damage site before placing of implants or plugs and also for guiding the placing cartilage repair objects into the cartilage repair site of a joint.

In another embodiment according to the invention the guide tool is designed to insert plugs or implants which has a diameter of between 0.1 cm² and 5 cm², between 0.5 cm² and 3 cm², or preferably between about 0.5 cm² and 2 cm².

In another embodiment according to the invention the guide tool is designed to have a muzzle with a cross sectional diameter which is determined depending on the size and shape of the crosssectional diameter of the implants or bone plugs so that the muzzle of the guide tool corresponding to the crosssectional diameter of the implants or bone plugs in a way that the implants or bone plugs allows to be inserted through the muzzle. For example the cross-

sectional area of the muzzle is designed to differ in $\pm 0-5\%$ compared to the crosssectional area of the implants or plugs.

Further a method using the guide tool **1** according to the invention comprises the steps;

- a) using the data and the guide tool designed according to the design method described in claims **6-9**
- b) inserting the individually shaped guide tool from step a) on the cartilage damage site **806** and optionally fastening the guide tool to the cartilage.
- c) using selected guide channels **200** in the guide tool **1** for guidance when drilling out recesses in the bone and cartilage within the cartilage damage site of the patient.
- d) placing selected cartilage repair objects **600** into recesses created in step c) using the guide tool **1** for guidance.

BRIEF DESCRIPTION OF THE FIGURES

The present invention will be further explained below with reference to the accompanying drawings, in which:

FIG. **1** shows an exemplifying embodiment of a knee joint with a cartilage repair site repaired using the cartilage repair system according to the invention and a guide tool.

FIG. **2** shows an exemplifying embodiment of a guide tool according to the present invention placed in a knee joint.

FIG. **3** shows an exemplifying embodiment of different insert tools which may be used inside the guide channels of the guide tool; cartilage harvesting and insert tool and a drill tool according to the present invention.

FIG. **4** shows a schematic overview of an exemplifying embodiment of a design method in accordance with the invention used for designing a patient specific guide tool.

FIG. **5** shows an exemplifying embodiment of a sectional view of a guide tool according to the present invention.

FIG. **6a-c** show exemplifying embodiments of cartilage repair object and a control lock tools used during mosaic implantation according to the invention.

FIG. **7A-H** show an exemplifying embodiment of a surgical method using the guide tool according to the invention.

FIG. **8A-G** show an exemplifying embodiment continuation of a surgical method using the guide tool according to the invention.

FIG. **9A-B** show an exemplifying embodiment of cartilage damage in the tibia bone. The figure represents a sample image, in a side view, from a set of several images which together represent a three dimensional image of a joint.

FIG. **10** shows schematically in an exemplifying embodiment of the invention how image based tools of the invention may be used to visualize in an image a model of a recess in the cartilage and the subchondral bone for an implant.

FIG. **11** shows schematically in an exemplifying embodiment of the invention how image based tools of the invention may be used to visualize in an image a model of an inserted cartilage repair object according to the generated design parameters.

FIG. **12A-B** show examples of a front view of the articular cartilage parts of the femur bone.

FIG. **13** shows an exemplifying embodiment of the invention, wherein the guide tool covers both the harvesting cartilage area and the cartilage area of the cartilage damage.

FIG. **14** shows an exemplifying embodiment of the invention, wherein the guide tool comprises one guide channel

FIG. **15** shows an exemplifying embodiment of the invention, wherein the guide tool comprises guide channels having a lower and an upper part with the same diameter.

DETAILED DESCRIPTION OF THE INVENTION

Introduction

This invention concerns a guide tool for use in orthopedic surgery more precisely during mosaicplasty or osteochondral autograft transfer (OATS) or during implantation of implants, FIG. **1** shows a representation of a femoral bone **141** with a cartilage repair site **890** made according to the method of the invention and using a guide tool **1** according to the invention. The guide tool according to the invention guides the use of surgical tools used during a cartilage repair surgery. The surgical tools or insert tools may be used inside the guide tool and thereby supported by the guide tool during surgery. Further the guide tool guides insertion of the implants or plugs into the cartilage damage.

Typical cartilages damages intended to be repaired using the guide tool according to the invention are damages in which only a small part of the joint is damaged. For example to repair cartilage damages of $1-5 \text{ cm}^2$ or $1-2 \text{ cm}^2$ or $0-1 \text{ cm}^2$ or for example cartilage damages of $1-70\%$ of a cartilage surface in a joint.

The guide tool may guide preparation of the cartilage damage site in a joint before placement of cartilage repair object into the damaged insert site. A cartilage repair object may for example be a healthy cartilage and bone plug or an implant. Preparation of the cartilage repair object site may for example be done using a drill bit which is guided, by the guide tool to make recesses in certain angles into the bone at the site for the cartilage damage. The prepared recesses in the bone are used for the placement of cartilage repair objects.

The guide tool is for example designed to comprise guide channels which has predetermined angles and location and sized depending on the cartilage damage.

A guide tool according to the invention may be used together with different insert tools for example a cartilage harvesting and insert tool **302** in FIG. **3** for guiding the placement of healthy cartilage plugs replacing damaged cartilage in a joint. The guide tool according to the invention may also be used together with other inserts tools for example tools guiding the harvesting of healthy cartilage plugs from a non bearing part of a joint to a prepared site.

In one exemplified embodiment of the invention, see FIG. **13**, the guide tool covers both the harvesting area and the cartilage area of the cartilage damage having some guide channels designed and adapted for guiding tools for harvesting cartilage repair object from a non bearing part of a knee and other guide channels designed for guiding insert tools used for insertion of cartilage repair objects into the prepared recesses or guiding tools used for drilling recesses.

In another exemplified embodiment of the invention, see FIG. **14**, the guide tool comprises one guide channel.

In further an exemplified embodiment the guide tool according to the invention is designed to comprise a guide tool with guide channels where the upper body **324** with a diameter **396** and a lower body **344** with a diameter **313** wherein the diameter **396** and the diameter **313** is of the same size, see FIG. **15**.

The present invention also provides a method for replacing a portion, e.g. diseased area and/or area slightly larger than disease area, of a joint, e.g. cartilage and/or bone, with an cartilage repair object using a guide tool which enables the surgeon to place the cartilage repair objects in a near anatomic fit of the repair objects with the surrounding structures and tissues. For example the size of the cartilage damage is $1-70\%$ of the total cartilage in the joint to be

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repaired. The guide tool according to the invention is designed to repair cartilage damages of a size of the cartilage damage is 1-70% of the total cartilage in the joint with high precision.

A first aspect of the invention is a guide tool used for guiding insert tools during cartilage repair at an articulating surface of a joint. The guide tool may be designed allowing cartilage repair objects to be harvested in a non bearing part of the joint and at the same time allowing placement of the cartilage repair objects in the damaged site in the joint. The guide tool may for example be designed to comprise at least one guide channel designed to harvest at least one cartilage repair objects and also at least one other guide channel designed to place cartilage repair objects.

The guide tool **1** according to the invention, see FIG. **2** for an exemplified embodiment, is equipped with a positioning body **202** comprising a cartilage contact surface **208** and a guide body **206**. The guide body **206** has a top surface **210** and comprises at least two guide channels **200** having a cross sectional diameter **212**. The guide channels **200** are designed to fit insert tools used inside the guide tool **1**, for example a plug harvesting and/or insertion tool. For example the guide channels **200** are designed to fit the insert tools so that the insert tools may glide with a precise fit inside the guide channel allowing precise guidance of the guide tool.

The guide tool **1** may also be used to guide other surgical tools or insert tools within the guide channels **200** of the guide tool **1**. The guide tool **1** may guide harvesting and/or also insertion of a healthy cartilage and bone plug/s from a non bearing part of a joint or insertion of implants to an area replacing the cartilage of a cartilage injury site.

In FIG. **2** rivets **224** are also shown that can be used to fasten the guide tool **1** to the bone in using the drill holes **222** placed in the positioning body **202** of the guide tool **1**.

Examples of insert tools can be seen in FIG. **3**. The insert tools may for example be a cartilage harvesting and insert tool **302** or a drill bit **304**.

The cartilage harvesting and insert tool **302** may comprise of different parts, for example a plunger **308**, which has a length **347** of for example 3-40 cm, a hollow body, which has a length **347** of 3-20 cm and which comprises an upper part **324**, which has a diameter **303** and a length **348** and a lower part **312**, which has a diameter **305** and a length **336**. Between the upper part **324** and the lower part **312** is a stop function **314**. The diameter **303** (for example 0.2-1 cm) of the upper part **324** is larger than the diameter **305** (for example 0.1-0.9 cm) of the lower part **314** of the cartilage harvesting and insert tool **302**. Further the cartilage harvesting and insert tool **302** may comprise a depth control function **306** which has a length **352** of for example 1-2 cm.

The drill bit **304** comprises of an upper body **324** with a diameter **396** (for example 0.1-5 cm or 0.2-1 cm) and a length **311** and a lower body **344** with a diameter **313** (for example 0.1-5 cm or 0.1-0.9 cm) and a length **309**. Between the upper body **311** and the lower body **312** is a stop function **316**.

Harvesting of fresh cartilage plugs from a non bearing part of a joint is performed using insert tools inside the guide tool **1** such as using a cartilage harvesting and insert tool **302** inside the guide tool **1**, see FIG. **3**. The cartilage harvesting and insert tool **302** may also be equipped with a plunger **308** used for placement of the harvested cartilage and bone plug into the damaged cartilage area. In another embodiment the plug harvesting tool and the inserting tool are two different tools both used inside the guide tool **1** for appropriate guidance when harvesting or inserting the cartilage plug into or from the bone.

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The guide tool **1** is designed using a design or CT system, see FIG. **4**, wherein a knee with the cartilage damage **92** is examined using MR-X-ray **91** and analyzed and processed in a computer **93** and wherein the collected data **94** is further processed and used in the design **95** of the guide tool **1**.

The Guide Tool

FIG. **5** shows an exemplifying embodiment of a guide tool **1** according to the invention in a sectional view placed above cartilage damage. A guide tool **1** according to the invention is equipped with a guide body **206** comprising at least two guide channels, here shown as **200A** and **200B**. The guide channels **200A** and **200B** run through said guide body **206**. The positioning body **202** has a cartilage contact surface **208** that has a shape and contour that is designed to correspond to and to fit the individual contour of the cartilage or the subchondral bone in the joint in a predetermined area surrounding the site of diseased cartilage in a patient. The guide tool **1** also has a top surface **210** facing approximately the opposite direction compared to the cartilage contacting surface **208**. The guide body **206** extends from said positioning body **202** to said top surface **210** of the guide tool **1**. In FIG. **2** the guide tool **1** is positioned on a representation of a femoral bone **141** over the cartilage damage site **806** with its positioning body **206** fitted above the area of the cartilage damage **92** placed on the surrounding cartilage **606**. Each guide channel **200** in the guide tool **1** has an inner cross-sectional profile with a certain area. The cross-sectional area of the outer portion **234** is slightly larger than the cross-sectional area of the inner portion **232** or the cross-sectional area of the outer portion **234** may be 10% larger than the cross-sectional area of the inner portion **232**.

Each guide channel **200** in the guide tool **1** has a height **218** of 0.3-20 cm or for example 3-10 cm.

The guide tool **1** is for example used to guide tools during the preparation of the cartilage damage site **806** in the patient in order to implant cartilage repair objects **600** for example implants or transplants or cartilage and bone plugs.

In one embodiment of the invention the guide channels **200** in the guide tool **1** has an inner cross-sectional profile, which is cylindrically formed with a certain diameter. The cross sectional diameter **212** of the guide channels **200** may be designed to correspond to the diameter of the tools to be used inside the guide channel **200**. In other words, the tools used inside a guide channel **200**, the insert tools, fit the guide channel **200**, with a slight tolerance to allow a sliding movement of the tools in the guide channel **200**.

The guide channels **200** of the guide tool **1** are in one embodiment constructed in a cylindrical shape, having an outer portion **234** with a diameter **212** and an inner portion **232** (close to the cartilage contact surface **208** of the guide tool **1**) with a diameter **230**. The diameters of the inner and outer portion may be the same diameter of (0.1-5 cm or 0.2-1 cm) or the diameter **212** of the outer portion **234** is between (0.1-5 cm or 0.2-1 cm) and slightly larger than the diameter **262** of the inner portion which is between (0.1-5 cm or 0.1-0.9 cm). In another embodiment, the diameter **262** of the inner portion **232** is 10% smaller than the diameter **212** of the outer portion **234**.

The guide channels **200** inside the guide body **206** of the guide tool **1** according to the invention also comprise a stop function **214**. The stop function **214** is used to regulate how deep a tool may be inserted inside the guide channel **200**. In this way the stop function **214** regulates how deep an insert tool, for example a cartilage harvesting and insert tool **302** may be inserted in the guide body **206** or how deep the drill tool **304** may be inserted inside the guide body and thus how deep drill holes that may be created. The stop function **214**

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is located inside the guide channel **200** giving support to the insert tools above and beneath the location of the stop function **214**.

Examples of insert tools used inside the guide channel **200** are shown in FIG. 3. FIG. 3 shows a cartilage harvesting and insert tool **302** comprising a plunger **308** used during placement of the transplant or implant, and a hollow body. The cartilage harvesting and insert tool **302** has corresponding stops **314**, which together with the stop function **214** of the guide tool **1** regulate the use-depth of the tools used inside the guide channels (see FIG. 3). Additional depth adjustment of the cartilage harvesting and insert tool **302** is a depth control cylinder **306**, which can be used to control the use of the stop function **314**. FIG. 3 shows cartilage harvesting and insert tool **302** with the plunger **308** used inside the hollow body equipped with a depth control cylinder **306**.

The guide tool **1** may in one embodiment be constructed in such a way that at least two guide channels **200** are placed above a non bearing part of the joint and at least one guide channel **200** is placed above the cartilage damage **92** in the joint. See FIG. 13 for an example, where the guide tool comprises guide channels constructed and placed for enable harvesting of cartilage plugs and also guide channels **200** constructed for guiding insertion of cartilage repair objects **600** on the site of the cartilage damage **92**.

The guide body **206** of the guide tool **1** has a mouth or muzzle **216**, which is the guide channel's opening towards the cartilage surface. The mouth **216** is in a position facing the cartilage surface of the joint, corresponding to the site of the diseased cartilage in a joint. For example this diseased cartilage damage may have a size of 0.1 cm² and 5 cm², between 0.5 cm² and 3 cm², or preferably between about 0.5 cm² and 2 cm² or intended to repair cartilage damages of areas between 0.1-10 cm² or for example 0.1-4 cm.

The height **218** of the guide body **206** must be sufficiently long to give support to the insert tools used inside the guide body **206**. The height **218** is preferably higher than the thickness of the surrounding tissue. In this way, the upper openings **220A** and **220B** of the guide channels **200A** and **200B** are easy to access for the surgeon. The height **218** of the guide body **206** is between 0.3-20 cm, or between 3-10 cm and always sufficiently high to ensure stabilization of the tools that are to be inserted into the guide channel **200**.

The guide tool **1** according to the invention is preferably individually designed for a person's joint or designed to fit an average person's cartilage surface in a joint. The insert tools, for example the cartilage harvesting and insert tool **302** is also optionally individually designed for a specific person's cartilage individual injury.

The size and shape of cartilage contact surface **208** of the guide tool **1** is determined depending on the size and shape of the damaged cartilage. The size and shape of cartilage contact surface **208** of the guide tool **1** is also depending on the position of the cartilage area in a joint. The size and shape of the surface **208** is a consideration between the following aspects; minimize surgery lesion, maximize stability for guide tool **1**, anatomic limitations on the site of the injury, not all cartilage surfaces in a joint can be used for placement of the guide tool **1**. A large spread of the cartilage contact surface **208** is to prefer to get good stability of the guide tool **1**, however, a large surface area of the contact surface **208** may also lead to a large surgical intervention and this is undesired. Thus the size of the cartilage contact surface **208** and of the positioning body **206** is determined by a balance between the desire to achieve good positioning stability and small surgical operations. Also, the cartilage

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contact surface **208** does not need to have a continuous, regular shape, but may have an irregular shape, as long as it gives adequate support and stable positioning of the guide tool **1**.

The cartilage contact surface **208** may for example be 10-90% larger than the area of the muzzles of the guide channels. The guide tool (**1**) according to the invention comprises a guide channel (**200**) and a positioning body (**206**) which further comprises a cartilage contact surface (**208**). The positioning body (**206**) extends laterally outside the periphery of the guide channel (**200**). The extension laterally is depending on which spread and conformation of the positioning body that gives the most stability in the joint where the guide tool is to be placed (**1**). The design of the spread of the positioning body (**206**) of the guide tool (**1**) may be individually decided for in each individual joint.

When designing the guide tool **1**, the cartilage contact surface **208** can be designed to cover three points (see FIG. 2, wherein one point **222** is marked by placement of a drill hole and the other two are marked by showing the pegs **224** that are to be inserted, see dotted lines in FIG. 2) distributed over the cartilage surface of the joint where the implant is to be inserted. The points are chosen to give maximum support and positional stability for the positioning body **202** and thus these points, either decided and identified by the surgeon or automatically identified by design software, serve the ground when designing the cartilage contact surface **208** of the guide tool **1**. The cartilage contact surface **208** can also be formed such that it uses the curvature in the cartilage surface in a joint for stability. For example, in a knee joint, the condyles are separated from each other by a shallow depression, the posterior intercondyloid fossa, this curvature together with the medial epicondyle surface can be used to give the cartilage contact surface **208** a stabile attachment to the cartilage surface in a knee joint. Other surfaces surrounding the joint may also be used for attachment of the guide tool **1**.

The surface is in one embodiment a continuous surface covering a selected area surrounding the cartilage damage **92**. In another embodiment the cartilage contact surface **208** is distributed over a plurality of points, preferably three or more of separated contact points covering both the selected area surrounding the cartilage damage **92** and a selected area of the joint comprising a non bearing cartilage suitable for harvesting healthy cartilage plugs.

The cartilage contact surface **208** does not need to be a continuous, regular surface but preferably has at least three points exemplified in FIG. 2. Optionally the cartilage contacting surface **208** may be further stabilized by attachment with nails, rivets, pegs or similar attachment means to the bone surrounding the cartilage in a joint (see FIG. 2) but in other embodiments no such additional attachment of the guide tool is necessary. This additional attachment with rivets **224** or the like gives additional support and stability and also gives the possibility to keep the cartilage contact surface as small as possible. The position of the rivets may be predetermined and marked out by premade points or drill holes **222** on the positioning body.

The guide tool **1** may in one embodiment of the invention with exact precision guide removal of a volume of damaged cartilage and/or damaged subchondral bone from a joint. Preparation of the area comprising damaged cartilage may be prepared using a drill bit **304** inside the guide channels **200** of the guide tool **1**, preparing a recess in a certain angle in the cartilage wherein a cartilage repair object **600** may be inserted.

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The guide tool **1** may in one embodiment of the invention with exact precision and in a certain angle **236**, guide insertion of a cartilage and/or subchondral bone plug or an implant from a selected area of the joint suitable for harvesting healthy cartilage.

The guide tool **1** may in one embodiment of the invention with exact precision, and in a certain angle **236**, guide removal of a cartilage and/or subchondral bone plug from a selected area of the joint suitable for harvesting healthy cartilage.

The guide tool **1** may in one embodiment of the invention have at least one selected guide channel **200** dedicated to with exact precision and in a certain angle **236** guide removal of a cartilage and/or subchondral bone plug from a selected area of the joint suitable for harvesting healthy cartilage and also be configured to have other selected guide channels **200** dedicated to with exact precision, and in a certain angle **236** guide removal of a volume of damaged cartilage and/or damaged subchondral bone from a joint, for example by using insert tools inside the guide channels of the guide tool which are designed for removal or preparation of the cartilage damage site and with the same guide channels **200** also guide the insertion of said healthy cartilage plugs harvested from a non bearing part of the joint, see FIG. **13**.

In different embodiments, each guide channel is oriented such that the longitudinal axis of the guide channel is inclined at a selected angle between 0-40 degrees in relation to the normal of a tangential plane drawn at a point at the articulate surface of the cartilage or of the bone where the axis of the channels intersect the articulate surface. Neighboring guide channels may have different inclination angles. For example, as in the embodiment illustrated in FIG. **5**, a first, channel **200A** has a longitudinal axis **286A** having an inclination angle of 0 degrees, i.e. the axis **286A** (with tangential plane **284**) coincides with the normal, whereas the longitudinal axis **286B** (with tangential plane **282**) of a second channel **200B** has an inclination angle of 20 degrees (compared to normal **280**). When using the guide tool according to this example to drill recesses in a joint bone the result is two recesses having different angles in relation to the articulate surface and to each other.

For example the guide channels are designed to be oriented such that the longitudinal axis of the guide channel is inclined at a selected angle between 0-40 degrees in relation to the normal of a tangential plane drawn at a point at the articulate surface of the cartilage or of the bone where the axis of the channels intersect the articulate surface and in this way providing a desired and exact repair of the cartilage damage site.

The angle **236** may be selected so that the cartilage repair object **600** fit into the damaged area to be repaired or so that the healthy cartilage plugs are harvested at selected inclination angles **236**. The angle **236** and location of the guide channels **200** inside the guide body **206** of the guide tool may also be selected so that the cartilage repair objects **600** fits with a certain angle in respect to the damage and also in respect to other cartilage repair objects **600** in a mosaic pattern into the damaged area to be repaired, see for example FIG. **5**.

The guide channels **200** of the guide tool **1** are also individually designed and are used to guide removal of damaged cartilage and the guide channels **200** have in one embodiment a stop function **214** which may be used to guide removal of damaged cartilage in a certain depth from the damaged cartilage site. The guide channels **200** of the guide tool **1** are individually designed and are used to guide

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insertion of cartilage repair objects **600** in a certain angle **236**, to a certain depth **290** into the damaged cartilage site.

The guide tool **1** is manufactured using a suitable material or materials that is/are approved for use in medical procedures, e.g. a ceramic, plastic, metal, metal alloy or alumina material, or a combination. The guide tool **1**, especially the cartilage contact surface **208**, is also preferably made of a material that is smooth, even and/or has low friction, in order to lessen the risk of wear and damage to the cartilage on which it is to be placed. Such materials include e.g. metals, ceramics and polymers such as acrylonitrile butadiene styrene (ABS) or polyamid for example nylon or glass filled nylon or epoxy materials clear or not clear. The used materials may further be polished.

FIG. **5** shows an exemplified embodiment of the guide tool **1** wherein the guide body **206** comprises a hollow space **226** at the foot inside the guide body **206**. The hollow space **226** is designed to enable output of waste such as cartilage tissue and bone chips from boring or reaming in the preparation of the recess for the implant in the joint and/or also designed so that the surgeon easier can see the cartilage damage site.

The Plug Harvesting and/or Insertion Tool

The plug harvesting and insertion tool **302** is an insert tool which may be used to cut out the cartilage in the joint around the area of damaged cartilage to prepare for the insertion of the implant, see FIG. **3**.

In another embodiment of the invention the plug harvesting and insert tool **302** is an insert tool which may be used to cut out the cartilage in a non bearing part of the joint or to cut out an implant is and then used to transfer the collected healthy cartilage to a cartilage damage site **806** (which has been prepared for retrieving the healthy cartilage and bone plugs). The plug harvesting and insertion tool **302** is then used to place the retrieved healthy cartilage and bone plug or the implant in the cartilage damage site **806** using a plunger **308** inside the hollow body **310** of the plug harvesting and insertion tool **302**, see FIG. **8E-F**.

In another embodiment the plug harvesting and insertion tool **302** may for example comprise of a sharp edge which is able to punch or cut cartilage and or bone, the sharp edge may be cylinder shaped and allow the harvested cartilage and bone plug to be stored inside the harvesting tool body **312**. The plug harvesting and insertion tool **302** is used inside the guide channel **200** of the guide tool **1** and fits in the guide channel **200**, with a slight tolerance to allow a sliding movement of the plug harvesting and insert tool **302** inside the guide channel **200**. The plug harvesting and insertion tool **302** preferably cuts the cartilage so that the cut edges of the harvested cartilage and bone plugs are sharp and smooth.

In one exemplifying embodiment of the invention the plug harvesting and insertion tool **302** is used as a punch. The plug harvesting and insertion tool **302** is a solid body with a hollow shape or recess **330** in one end. The recess **330** has sharp edges **332**. The plug harvesting and insertion tool **302** is used to punch out, healthy cartilage from the non bearing surface of a joint. The plug harvesting and insertion tool **302** is to be placed inside the guide channel **200** of the guide tool **12**, with the recess **330** pointing down onto the cartilage. A hammer is then used to hammer the recess **330** of the plug harvesting and insertion tool **302** through the cartilage. In this way the damaged cartilage is removed by punching. The depth of the removed cartilage may be adjusted to the individual person's needs and is controlled by the stop function **314** inside the guide channels **200** of the

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guide tool **1** in combination with the stop function **314** of the cartilage harvesting and insert tool **302**.

It is of great importance that the plug harvesting and insertion tool **302** has sharp cutting edges. The material of the sharp edge of the plug harvesting and insertion tool **302** is chosen from materials which may stable to withstand the pressure when it is hammered into the cartilage and bone. Examples of such materials are metals such as stainless steel or ceramic material or a plastic material or a hard coated material.

The cross-sectional profile of the plug harvesting and insertion tool **302** varies in different realizations of the invention between 0.1 cm^2 and 5 cm^2 , between 0.5 cm^2 and 3 cm^2 , or preferably between about 0.5 cm^2 and 2 cm^2 .

The length **334** of the plug harvesting and insertion tool **302** is longer than the height **218** of the guide channel **200**. The height **240** of the inner part **232** of the guide channel **200** is shorter than the length **336** of the lower part or the narrower part **312** of the plug harvesting and insertion tool **302**. The difference in length between the inner part **232** of the guide channel **200** and the length **336** of the lower part or the narrower part **312** of the plug harvesting and insertion tool **302** corresponds to the length of the cartilage plug to be retrieved.

The Drill Bit **304**

In one exemplifying embodiment of the invention the insert tool is a drill bit **304**, see FIG. 3. The drill bit **304** is used to remove the damaged cartilage and bone in the joint around the area of damaged cartilage to prepare for the insertion of the implant.

The drill bit **304** comprises an upper drill body **324** with a tolerance enabling the upper drill body **324** to slide within the guide channel **200**. The upper drill body **324** has a cross-sectional profile that is designed to correspond to the inner cross-sectional profile of the outer part **234** of the guide channel **200** with a tolerance enabling the upper drill body **324** to slide within the guide channel **200**. The drill bit **304** also comprises a lower drill body **344**, which is the drill blade. Also, the cross-sectional profile of the lower drill body **344** is designed to correspond to the cross-section of the implant placed inside the made drill hole.

In one embodiment of the present invention the surgical kit comprises a drill bit **304** that is used for drilling a hole in the bone at the site of cartilage damage, for fastening of cartilage repair objects **600**.

The drill bit **304** has a depth gauge or a stop function **316**. The stop function **316** on the drill bit **304** is supported by the stop function **214** inside the guide channel **200** and by using this support the depth of the drill hole can be controlled and used to give drill-hole in the bone with an exact position and depth and direction.

Control Lock

The control lock **704** is used to adjust the placed cartilage and bone plugs after placement, see FIG. 6c. The shape of the control lock mimics the shape of a healthy cartilage surface. The control lock is used by placing the control lock on top of all the cartilage repair objects **600** and then by the force of a hammer placing all plugs in the same level as the surrounding cartilage.

The control lock is individually designed to correspond or mimic to the actual healthy cartilage surface of the cartilage in the area of the cartilage damage.

The control lock may be made using a suitable material or materials that is/are approved for use in medical procedures, e.g. a ceramic, plastic, metal, metal alloy or alumina material, or a combination.

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Healthy Cartilage Plugs or Implants

FIG. 6a-b show a healthy cartilage and bone plug removed from a non bearing part of a joint using a guide according to the invention together with a harvesting and insert tool.

The healthy cartilage plugs harvested guided by the guide tool **1** according to the invention may be further reshaped after harvesting by using a sharpener tool. The sharpener tool may be constructed as a pencil sharpener, with a sharp blade, but which may be used to adjust the shape and/or the length of the bone part of the harvested cartilage plugs so that several plugs may be suited together in an area of cartilage damage. FIG. 6a shows a harvested healthy cartilage plug **600**, FIG. 6b shows a harvested healthy cartilage plug sharpened using a sharpener tool according to the invention, FIG. 6c shows a cartilage damage site repaired using mosaic repair technique, which includes using several healthy cartilage plugs which may be sharpened using the sharpener tool before insertion, which makes the cartilage plugs to fit better in the damaged area of the cartilage, FIG. 6c also shows the use of the control lock **704**.

According to an embodiment of the present invention the amounts of plugs and also the size and shape of the healthy cartilage and bone plugs are selected depending on the shape and size of the injury.

The healthy cartilage plugs **600** harvested according to the invention or implants used according to the invention has a cross sectional area between 0.5 cm^2 and 5 cm^2 , between 0.5 cm^2 and 3 cm^2 , or preferably between about 0.5 cm^2 and 2 cm^2 and a length **710** between 1-4 cm, or between 1.5-3 cm.

The healthy cartilage plugs **600** harvested according to the invention or implants used according to the invention has a cross sectional diameter **711** between for example 0.1-1 cm and length **710**.

The healthy cartilage and bone plug is specially designed, depending on the knees appearance and also the shape of the damage and in order to resemble the body's own parts, having a surface which preferably corresponds to an image of a simulated healthy cartilage surface. The implant will be tailor-harvested, for example by using the guide tool according to the invention from a non bearing cartilage area to fit each patient's damaged part of the joint.

The primary factor for determining the size of the healthy cartilage bone plugs is however the nature of the lesion to be repaired.

Use of the Guide Tool and the Insert Tools According to the Invention

This invention provides a guide tool **1**, where the successful cartilage repair object insertion is less depending on the skills of the surgeon compared to previously known methods. This invention provides preferably an individually designed guide tool **1**. Due to the design and the function of the guide tool **1**, improved implantation precision and a precise desired placement of the implant in the joint is achieved every time. The precision of the surgery is "built in" into the design of the guide tool.

The guide tool of the invention, which may be individually adapted to fit in person's knee or other joints and leads to shorter learning curves for the surgeon since the guide tool adapted to fit the injury as well as the other surgical tools, giving precise guidance, facilitates for quick, simple and reproducible surgery.

In one exemplifying embodiment the healthy cartilage and bone plugs are intended for replacing damaged cartilage in a knee. The site where the healthy cartilage and bone plugs is to be implanted according to the invention is an articular cartilage surface including, for example, the lateral

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femoral chondral (ITC) surfaces, medial femoral chondral (MFC) surfaces, trochlea surfaces, patella surfaces, tibia surfaces (e.g. surfaces of the tuberosities of the tibia), and combinations and portions thereof. For example healthy cartilage and bone plugs may be placed on any one of these surfaces.

The site where the healthy cartilage and bone plugs are harvested according to the invention is non-bearing cartilage surfaces, and combinations and portions thereof.

The healthy cartilage and bone plugs are inserted through a small open surgery operation using a guide tool, which preferably may be individually designed or tailor/custom made for the person who suffers from the injury. Further the guide tool is tailor/custom made to fit the cartilage harvesting and insert tool **302** and also to fit the cartilage area to be repaired.

This leads to decreased suffering of the patient and is economically favorable since it leads to shorter convalescence time and less time for the patient at the hospital. By using this optionally individually designed guide tool together with a cartilage harvesting and insert tool **302** the implant insertion will be optimal and thus misalignment, which is one of the problems associated with the common methods used today can be avoided.

The object of the invention is to solve the problem of repairing damaged cartilage by providing cartilage repair objects **600** that will have better placement and that will be better aligned and supported thus giving a fitted placement in the cartilage.

Detailed Description of a Method for Implanting the Implant Using the Guide Tool

See FIG. 7.

FIG. 7A-B. Localize the area of the injury, the cartilage damage **92** and determine the desired size and shape of the healthy cartilage plugs. The position and size of the cartilage damage can be identified by a combination of MRI or CT images or by dGEMRIC technique **800**. The images may then be handled in special surgical planning tool software **802**. All of the parts in the surgical kit may be individual adjusted depending on size of cartilage damage, location of the cartilage damage and also depending on a simulation of the individual surface-appearance without damage. The surgical planning tool software **802** may also be used for planning the placement, angle surface curvature and depth of the healthy cartilage plugs in the place of the injury.

Alternatively implants from a set of predetermined implants may be selected for repair of the cartilage damage **92** instead of using harvested cartilage and bone plugs. The shapes of the surgical tools are also adjusted to the selected implants or plugs. See FIG. 7A-7C. The guide tool **1** of the invention is manufactured depending on;

the size of the implants or cartilage and bone plugs needed,

the localization of the injury,

the appearance of the cartilage surface and/or bone intended to be replaced.

the placement of the implants in relation to the injury site and also in relation to each other and in a certain angle and depth.

the harvesting site (non bearing cartilage in a joint wherefrom the healthy cartilage plugs are harvested)

The insert tools are manufactured depending on the selected choices for the guide tool and also depending on the selected sizes for the implants or healthy cartilage plugs.

The designs may be based on the MR images/CT-scanning images from the joint of the person having the cartilage damage, using the surgical planning software. The surgical

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planning software is connected to manufacturing devices, for example a laser printer, a lathe and/or a reamer, and the parts of the kit are manufactured using e.g. additive manufacturing, laser sintering techniques, turnery or reaming.

Additionally a control lock **704** may be designed according to a simulated healthy cartilage surface of the cartilage damage site **92** of a patient.

7D. A surgical opening is made in the leg tissue depending on the localization of the injury and the size of the implant and also depending on the size and conformation of the guide tool. Alternatively the damaged cartilage layer is removed.

7E. The guide-tool **1** is placed on the surface of the knee cartilage. The guide-tool **1** fits due to the fact that it is custom made to be placed in that particular position. This allows the surgical procedure (cartilage and bone removal and insertion of the healthy cartilage plugs or implant or harvesting of the healthy cartilage plugs) to be performed with good accuracy and precision. If necessary the guide tool can be further stabilized with rivets **224** on a part of the guide tool that is in contact with parts of the joint that have no cartilage tissue.

7F. After the guide tool **12** has been placed on the cartilage through an opening in the surrounding tissue, the drill bit **304**, may optionally be used to drill out a recess of the cartilage. The upper part **324** of the drill bit **304** fits exactly in the upper part **234** of the guide channel **200** and thus can make a hole in the cartilage and/or bone of the desired size, depth, and angle with precision to fit the implant or healthy cartilage plugs size and at the desired position and angle.

7G-H The drill bit **304** is then inserted in the guide channel **200**. The drill bit **304** may comprise a stop function **316** which may be used inside the guide channel **200** to give an exact, desired placement of the bore in the bone where the cartilage repair object **600** is to be attached. The recess may be made with a smaller diameter than the diameter of the of the cartilage repair object so that when the cartilage repair object is hammered in place it will be firmly attached in the bone. Optionally the removal of damaged cartilage and preparation of recesses for placement of the implants can be done using the cartilage harvesting and insert tool **302** or a reamer bit.

After the guide tool is used to guide the drilling of recesses in the bone the site to be repaired has recesses placed preferably with 1-3 mm as shortest distance **804** relative to each other. This recess placement is planned for already in step 7B.

See FIG. 8

8A. Shows an exemplified embodiment of a desired area **900** for harvesting of healthy cartilage and bone plugs which may be used for repairing the cartilage damage. The harvesting may be performed using a cartilage harvesting and insert tool **302** inside the guide tool **1** or the harvesting may be performed as demonstrated in step 8A using the cartilage harvesting and insert tool **302** without the guide tool.

The depth **290** that the cartilage harvesting and insert tool **302** is entered into the cartilage is dependent on depth control cylinder **306** which is attached on the narrower part **312** of the cartilage harvesting and insert tool **302** and supported by the stop function **314** of the cartilage harvesting and insert tool **302**. The difference in length **902** between the length **350** of the depth control cylinder **306** and the length **336** of the narrow part **312** of the cartilage harvesting and insert tool **302** determines the length of the harvested healthy cartilage plugs.

8C. Demonstrates that the harvested cartilage plugs may be shaped using a sharpener tool **700** so that the bone part

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of the harvested cartilage plug can be slightly sharpened as can be seen in the sharpened cartilage and bone plug **706**. The cartilage repair objects may also be adjusted in length using the sharpener tool. The harvested cartilage plugs may in this way be easier to place and with a better alignment to each other. In another embodiment of the invention the harvested cartilage plugs are turned so that the cartilage has a larger cross sectional area than the underlying bone (see **708**) of the harvested cartilage plug.

8D-F. After the recesses for the implants are made and optionally as described in step **8A-C**, the healthy cartilage implant plugs are harvested and also optionally shaped, the guide tool **1** is used for example together with the cartilage harvesting and insert tool **302** for placement of the harvested implants into the exact matching drilled recesses. The cartilage harvesting and insert tool **302** is used together with a plunger **308** during the placement of the harvested implant plugs. The plunger **308** is placed inside the cartilage harvesting and inserts tool body **310** and **312** and the harvested cartilage plug, placed inside the cartilage harvesting and insert tool **302** is pushed out and placed in the recess made in step **7G** FIG. **7**. A hammer may be used on top of the plunger **308** for the placement of the healthy cartilage plugs in the recess, see step **8E-F**.

8G. Shows the cartilage damage site after the cartilage repair according to the method of the invention. Optionally a control lock **704** (seen in FIG. **6d**) may be used on top of the placed implants to further adjust the surface of the implant plugs to the desired cartilage surface in the patient before the injury.

Detailed Description of a Design Method for Designing the Guide Tool

FIG. **4** schematically illustrates the design process according to an embodiment of the inventive concept for designing a surgical kit. The design system comprises the basic blocks of:

I. Determining physical parameters by obtaining an image **91** for a cartilage damage **92** of a joint in a body part or limb **98** of a patient. Determine physical parameters for cartilage damage **92** in joint and generating design parameters for cartilage repair objects **600**.

II. Generating design parameters **95** of a guide tool **1** to be used for placement of cartilage repair objects **600** and alternatively also for retrieving healthy cartilage and bone plugs from a non bearing part of a joint.

The physical parameters as well as the design parameters are represented as digital data that is processed or generated by specifically designed computer program code portions executed in a data processing system. The system may be fully automated or may comprise portions of computer supported manual steps of for example selections, scymutation or capping. The design parameters resulting from the process are stored in a format suitable for use as input in drawings normally STL or STEP etc. format in a manufacturing process.

I. Determine Physical Parameters for Cartilage Damage **92** in a Joint and Generating Design Parameters for Cartilage Repair Objects **600**.

An image or a plurality of images **91** representing a three dimensional image of a bone member of the joint in a patient's limb **98** is obtained by a selected one of a per se known imaging technology for non-invasive imaging of joints, such as magnetic resonance imaging (MRI), computerized tomography (CT) imaging or a combination of both, or other suitable techniques such as delayed Gadolinium-enhanced MRI of cartilage (dGEMRIC) techniques. The image of the joint should comprise a representation of

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cartilage in the joint as well as the underlying subchondral bone in the area of the cartilage damage. Image data making up a three dimensional image representation of the joint is stored in a digital format in a manner that enables to keep track of the dimensions of the real joint that the image depicts.

The image data **94** is analyzed in a data processing system **93** to identify and determine physical parameters for the cartilage damage **92**. The physical parameters to determine comprise the presence, the location and the size and shape of the cartilage damage **92**, as well as curvature of the surface contour of the cartilage or the subchondral bone in an area of the cartilage damage **92**; i.e. determining the cartilage damage site **806**.

The inventive concept the design system operates to determine physical parameters on images **91** of the patient's individual joint and the current cartilage damage, and thereby produces an individually designed guide tool **1**.

The following steps are in one embodiment comprised in determining physical parameters for cartilage damage in a joint and generating design parameters for cartilage repair objects **600** and their relative placement in a predetermined pattern, comprising:

a. obtaining image data **94** representing a three dimensional image of a bone member of the joint.

By way of example, FIG. **9** illustrates schematically a sample of a set of several images which together represents a three dimensional image of a joint. FIG. **9A** shows a cross-section of a knee joint **133** with a femur bone **131**, a patella bone **134**, a tibia bone **137** and a fibula bone **138**. Articular cartilage **132** and **136** is found on the femur and the tibia bone, respectively. FIG. **12A-B** shows a front view of the articular cartilage parts **130** of the femur bone comprising cartilage damage **92** and a cartilage damage site **806**.

b. identifying in the obtained image data **94** an individual cartilage damage **92** in an articulate surface of the bone member;

In an automated process a computer program would be adapted to scan the image data for predetermined characteristics of a spot of cartilage damage **92** in the image data. In a process with a manual part in this step an operator would visually scan a displayed image of the joint and identify a spot that has the visual characteristics of cartilage damage **92**. FIG. **9A** shows an example of cartilage damage **92** in the tibia bone and FIG. **9B** shows an example of cartilage damage **92** and a determined cartilage damage site **806** in the femur bone in a front view.

c. determining based on the obtained image data **94** the location of the individual cartilage damage **92**; a set of data that represents a position of the cartilage damage in the joint is selected automatically or manually. The position data is for example stored as a set of defined coordinates in the image data.

d. determining based on the obtained image data **94** the size and shape of the individual cartilage damage **92**;

e. determining a cartilage damage site **806** based on the determined size and shape of the cartilage damage **92**; Selected measurements for size and shape of the cartilage damage **92** are calculated in the image data **94**, for example by determining a boundary line for the healthy cartilage surrounding the cartilage damage **92**. FIG. **12B** illustrates as an example of how a predetermined or selected circular cross-section shape **806** having a two-dimensional extension is automatically or

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partly manually matched over the cartilage damage. FIG. 9B illustrates an example of that the thickness **144** of healthy cartilage is determined around the perimeter of the cartilage damage site **806** extending over the cartilage damage **92**. The size and shape data is for example stored as a set of perimeter and thickness data with a predetermined resolution.

- f. determining based on the obtained image data **94** the surface contour curvature of the individual cartilage damage site **806** and/or the subchondral bone in the joint in the predetermined area comprising the individual cartilage damage site **806**. The curvature of the surface contour is determined for example by per se known surface matching methods in image processing or manually by drawing a drawing of a curvature which is intended to fit the individual cartilage damage site **806**. The determined curvature information can be represented as an equation or as a set of image data. The determined curvature preferably comprises two subsets of curvature information. Firstly, one subset comprises the curvature of the contour portion that comprises the cartilage damage site **806** defining the selected boundary line for the area covering the cartilage damage. Secondly, the second subset comprises the curvature of a contour portion that surrounds the site of cartilage damage, preferably comprising mutually opposing sloping parts.
- g. Determining a representation of a healthy surface contour curvature comprising the individual cartilage damage site
- h. Selecting repair objects to fit the individual cartilage damage site **806** wherein the cartilage repair objects **600** have;
 - cross sectional areas adapted to fit the surface area of the cartilage damage site
 - lengths **290** adapted to fit the selected joint and/or type of cartilage damage
 - surfaces intended to be aligned with the articular cartilage surface in the joint, based on the healthy surface contour curvature.
- i. Determining, based on the obtained image data, positions and angles of the selected cartilage repair objects **600**, wherein the positions and angles are adapted so that the selected repair objects fit the individual cartilage damage site **806**.

II. Generating Design Parameters **95** of a Guide Tool **1** to be Used for Placement of Cartilage Repair Objects **600** and Alternatively Also for Retrieving Healthy Cartilage and Bone Plugs From a Non Bearing Part of a Joint.

Generation of design parameters of a guide tool **1** is based on the physical parameters for the cartilage damage **92** and surrounding tissues and design parameters for a cartilage repair object **600** which are generated by processing the physical parameters in a design stage **95** according to a predetermined scheme for the shape of an implant in the specific surgical application see step I.

The following steps are in one embodiment comprised in generating design parameters for a guide tool **1**:

- a. Generating the contact points for a cartilage contact surface **208** of a positioning body **206** dependent on said determined surface contour curvature of the cartilage and/or the subchondral bone in the joint in a predetermined area comprising and surrounding the site of cartilage damage, such that said cartilage contact surface **208** of the positioning body **206** fits to said individual surface contour of the cartilage or the sub-

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chondral bone in the joint and/or to a simulated healthy cartilage surface of an individual joint.

- b. Generating the design for an upper part **234** and a lower part **232** of a guide channel **200** in a guide body **206** extending from the positioning body **202**, said guide channel **200** passing through said positioning body **202** and said guide body **206** wherein the angles and positions is generated dependent on and substantially corresponding to the determined angles and positions of the selected cartilage repair objects, and wherein; the design for the lower part **232** of all the guide channel **200** is generated dependent on and substantially corresponding to the determined cross sectional areas, of the selected cartilage repair objects **600**. In different embodiments, each guide channel is oriented such that the longitudinal axis of the guide channel is inclined at a selected angle between 0-40 degrees in relation to the normal of a tangential plane drawn at a point at the articulate surface of the cartilage or of the bone where the axis of the channels intersect the articulate surface. Neighboring guide channels may have different inclination angles. For example, as in the embodiment illustrated in FIG. 5, a first channel **200A** has a longitudinal axis **286A** having an inclination angle of 0 degrees, i.e. the axis **286A** coincides with the normal, whereas the longitudinal axis **286B** of a second channel **200B** has an inclination angle of 20 degrees. When using the guide tool according to this example to drill recesses in a joint bone the result is two recesses having different angles in relation to the articulate surface and to each other.

FIG. 10 shows schematically how image based tools of the invention may be used to visualize in an image a model of a recess **135** in the cartilage and the subchondral bone for two healthy cartilage repair objects **600** and FIG. 11 shows a cartilage repair site with inserted cartilage repair objects **600** according to the generated design parameters. The image based tool may also be configured for using predetermined shapes of cartilage repair objects that are adapted to the determined physical parameters to automatically or manually fit to the cartilage damage site **806** and thereby generate the design parameters.

Further Embodiments

Embodiments of the invention further comprise optional combinations of the following:

- b. Generating design parameters for the drill bit comprises generating dimensions and position for a depth control cylinder on the drill bit **304** for adjustment of the depth of drilling. Generating dimensions of the upper part **324** of a drill bit with a cross-sectional profile that substantially corresponds to the cross-sectional profile of the cartilage repair object **600** to be placed in the recess or to the cross-sectional profile of the guide channel **200** wherein the drill bit **304** is to be used. In one embodiment the drill bit **302** is designed to fit a selected guide channel **200** and also designed to give a desired depth of the drill hole by selecting the design of the control stop function **316** of the drill bit **302**
- c. Generating design parameters for a cartilage harvesting and insert tool **302** which comprises generating design parameters cartilage harvesting and insert tool **302** having an end with a cutting surface **332**, said end having a recess **330** with a cross-sectional profile that substantially corresponds to the cross-section of the cartilage repair object

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- to be placed in the recess. Generating dimensions and position for a control stop function **316** on the drill bit **304** for adjustment of the depth of drilling depending on the size and dimensions of the upper part **234** of the guide channel **200** wherein the cartilage harvesting and insert tool **302** is to be used, wherein the cross-sectional diameter (**262**) of the inner portion (**232**) of the guide channel **200** is smaller than the cross-sectional diameter **396** for the upper part **324** of the drill bit, for example less than 20% smaller or 1-20% smaller compared to cross-sectional diameter of the upper portion **324** of the drill bit **304** or wherein the cross-sectional diameter **396** upper part **324** of the drill bit **304** is 0.5-3 cm or 0.7-1.5 cm and the cross sectional diameter **212** for the upper part **234** of the guide channel is about 0.5-3 cm or 0.7-1.5 cm and the cross sectional diameter **262** inner part **232** of the guide channel **200** is 0.5-3 cm or 0.5-1 cm.
- d. Generating design parameters for the cartilage repair objects **600** comprises generating design parameters for a cartilage repair objects **600** and also generating design for their placement relative to each other with a shortest distance **804** between the plugs or implants varying between 1-3 cm in diameter.
- e. Generating design parameters for the positioning body **202** comprises generating design parameters for the cartilage contact surface **208** of the positioning body **202** having three contacting points **222**, spread out around the guide body **206**, for contacting parts of the joint in order to provide stable positioning of the guide tool **1** in the joint.
- f. Generating design parameters for one or two guide channels **200** to have a height **218** of 0.3-20 cm or 3-10 cm. The invention claimed is:
- I. A method of designing a guide tool for cartilage repair in an articulating surface of a joint wherein the guide tool is provided with guide channels intended for insertion of cartilage and bone plugs and also for enabling of guiding insert tools, comprising the steps of:
 - I. determining physical parameters for cartilage damage in a joint and generating design parameters for cartilage and bone plugs and their relative placement in a pre-determined pattern, comprising:
 - II. selecting repair objects to fit the individual cartilage damage site wherein the cartilage and bone plugs have surfaces intended to align with the articular cartilage surface in the joint, based on the healthy surface contour curvature;
 - III. determining, based on obtained image data, positions and angles of the selected cartilage and bone plugs, wherein the positions and angles are adapted so that the selected cartilage and bone plugs fit the individual cartilage damage site, wherein said angle of said cartilage and bone plug is selected between 0-40 degrees in relation to the normal of a tangential plane drawn at a point at the articulate surface of the cartilage or of the bone where the axis of the guide channels intersect the articulate surface;
 - IV. generating design parameters of the guide tool, for placement of the cartilage and bone plugs comprising the following steps;
 - V. generating the design for an upper part and a lower part of a guide channel in a guide body extending from the positioning body, said guide channel passing through said positioning body and said guide body wherein the angles and positions are generated dependent on and substantially corresponding to the determined angles and positions of the selected cartilage and bone plugs

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- and are selected between 0-40 degrees in relation to the normal of a tangential plane drawn at a point at the articulate surface of the cartilage or of the bone where the axis of the channels intersect the articulate surface, and
- wherein the design of each guide channel is provided with a stop function to delimit penetration by a cartilage and bone harvesting and insertion tool and to delimit bone drilling penetration by a drill bit at a site of cartilage damage, and is generated dependent on and substantially corresponding to the determined cross sectional areas, of the selected cartilage and bone plugs.
2. The method for designing a guide tool according to claim 1, wherein design parameters are generated for the guide channel to have a height of 0.3-20 cm.
 3. The method for designing a guide tool of claim 1 wherein the cartilage and bone plugs are selected to fit the individual cartilage wherein the cartilage and bone plugs have:
 - cross sectional areas adapted to fit the surface area of the cartilage damage site; and
 - lengths adapted to fit the selected joint and/or type of cartilage damage or longer.
 4. The method for designing a guide tool according to claim 1, wherein the cartilage and bone plug is a healthy cartilage and bone plug.
 5. The method for designing a guide tool according to claim 1, wherein the cartilage contact surface may be 10-90% larger than the area of muzzles of the guide channels **200**.
 6. The method for designing a guide tool according to claim 1, wherein each cartilage and bone plug has a size of between 0.1 cm² and 5 cm².
 7. The method for designing a guide tool according to claim 1, wherein the guide tool is intended to repair cartilage damage of areas between 0.1-10 cm² which is between 0.1-50% of the total cartilage area in a joint.
 8. The method for designing a guide tool according to claim 1, wherein the guide tool is designed to repair cartilage damage of a size that is 1-70% of the total cartilage in the joint with high precision.
 9. The method for designing a guide tool according to claim 1 wherein guide channels are designed to be oriented such that the longitudinal axis of the guide channel is inclined at a selected angle between 0-40 degrees in relation to the normal of a tangential plane drawn at a point at the articulate surface of the cartilage or of the bone where the axis of the channels intersect the articulate surface and in this way providing a desired and exact repair of the cartilage damage site.
 10. The method for designing a guide tool according to claim 1 wherein said guide further is designed to comprise a hollow space which enables output of waste such as cartilage tissue and bone chips from boring or reaming in the preparation of the recess for the implant in the joint and/or also designed so that the surgeon easier can see the cartilage damage site.
 11. The method for designing a guide tool according to claim 1 wherein the guide tool comprises a positioning body which extends laterally outside the periphery of the guide channel.
 12. The method for designing a guide tool of claim 1, wherein image data representing an image of the joint is obtained using magnetic resonance imaging (MRI), computerized tomography (CT) imaging or a combination of both, or other suitable techniques such as delayed Gado-

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linium-enhanced MRI of cartilage (dGEMRIC) techniques or combinations of CT or MR and radio contrast agents.

13. A surgical method comprising the steps of:

- a) using the data and the guide tool designed according to the design method described in claim 1;
- b) mounting the individually shaped guide tool from step a) on the cartilage damage site and optionally fastening the guide tool to the cartilage;
- c) using selected guide channels in the guide tool for guidance when drilling out recesses in the bone and cartilage within the cartilage damage site of the patient;
- d) placing selected cartilage repair objects into recesses created in step c) using the guide tool for guidance.

14. A manufacturing method of the guide tool designed according to claim 1, wherein the manufacturing steps are dependent on the following factors:

- the size of the cartilage and bone plugs needed;
- the localization of the injury;
- the appearance of the cartilage surface and/or bone intended to be replaced;
- the placement of the cartilage and bone plugs in relation to the injury site and also in relation to each other and in a certain angle and depth; and

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the harvesting site such as non bearing cartilage in a joint wherefrom the healthy cartilage and bone plugs are harvested,

wherein the insert tools are manufactured depending on the selected choices for the guide tool and also depending on the selected sizes for the healthy cartilage and bone plugs,

wherein the designs may be based on the MR images/CT-scanning images from the joint of the person having the cartilage damage, using surgical planning software, and

wherein the surgical planning software is connected to manufacturing devices, for example a laser printer, a lathe and/or a reamer, and the parts of the kit are manufactured using for example additive manufacturing, laser sintering techniques, turnery or reaming.

15. A method for designing a guide tool according to claim 1, wherein the relative shortest distances between the designed guide channels are 1-3 mm.

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